



# Elysium

A NEWSLETTER OF RKMV



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Rajkiya Kanya Mahavidyalaya, Longwood, Shimla

## Awards & Achievements

### RKMV received “Himachal Pradesh Environmental Leadership Award”

On World Environment Day, 5th June 2025, RKMV Shimla received the Himachal Pradesh Environmental Leadership Award from Hon'ble CM Shri Sukhvinder Singh Thakur. Under the guidance of Principal Dr. Anurita Saxena, the college led initiatives like composting 350 kg canteen waste, Project Pyare Paudhe, textile recycling (Project Katran), plastic-free campaigns, and collaborations with NGOs and government bodies. A Cleanup Drive with Healing Himalayas and real-world student engagement further highlighted RKMV's sustainability efforts.



### Our Girls Shine Bright on Ground

Our students have made us proud with their stellar performances in the District Level Wushu Championship held at Laureate Public School, Shimla. The top three positions were claimed by our students.

- Gold: Deepika
- Silver: Hem Lata & Reetika
- Bronze: Sheetal

In the District Level Marathon, they swept the top spots:

- 1st: Vipasha
- 2nd: Anamika
- 3rd: Suman
- 4th: Reetika

The college is proud of our girls for their dedication and achievements.



## Awards & Achievements

### Celebrating the Meritorious Achievers of RKMV – 2025

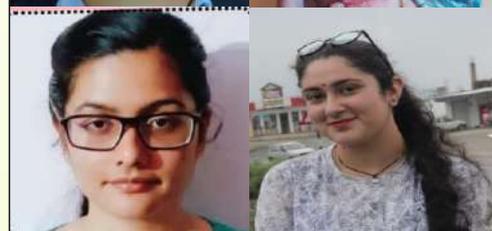
RKMV takes immense pride in announcing the stellar achievements of our brilliant students in various Undergraduate and Postgraduate Examinations. Their hard work, dedication, and academic excellence have brought laurels to the college.

#### Achievers at Undergraduate level :

- **Ms. Deepika**  
1st Rank in HPU merit list (B.Sc. Microbiology Hons.)
- **Ms. Payal**  
5th Rank in HPU merit list (BCA)
- **Ms. Anjali Sharma**  
5th Rank in HPU Merit List (B.Sc. Biotechnology Hons.)
- **Ms. Samriti**  
9th Rank in HPU Merit List (B.Com.)

#### Selections for Postgraduation :

- **Ms. Divya Marwah**  
1st Rank in Zoology  
2nd Rank in Botany entrance test (HPU Merit List)
- **Ms. Diwanshi Sharma**  
1st Rank in M.Sc. Microbiology entrance (HPU Merit List)
- **Ms. Aishwarya Thakur (3rd Rank in History)**
- **Ms. Madhu Thakur (5th Rank in History)**
- **Ms. Devangi (8th Rank in History)**
- **Ms. Priyanka Sharma** of Mathematics qualified CUET
- **Ms. Astha** of English Successfully cleared CUET
- **Ms. Shreya** - 12th Rank in English (HPU Merit List)
- **Ms. Sneha** - 16th Rank in English (HPU Merit List)



## Induction/Orientation Programs

### New Academic Session Begins at RKMV

Rajkiya Kanya Mahavidyalaya, Shimla hosted a two-day Induction Program on 10th and 11th July to welcome first-year students from various streams. The Principal inspired the students to pursue education with sincerity and discipline, while also emphasizing the importance of strong values and the continuous development of skills essential for their future. The faculty introduced the various departments, explained the academic guidelines, and highlighted the available support services, thereby helping the students to make a smooth and confident transition into college life.



### Orientation Programme for Rangers – RKMV, Shimla



The Rangers Unit of RKMV, Shimla, held an Orientation Programme on 11th August 2025 under Bharat Scouts and Guides. Welcomed by Ms. Nisha Kumari, the event featured senior Rangers' experiences and a keynote by Dr. Vikrant Thakur on leadership and service. Key topics included Ranger Promise, Law, badges, uniforms, and opportunities.

### Campus Mitra Badge Ceremony Empowers Student Leaders at RKMV

The Campus Mitra Badge Ceremony was held on 23rd August 2025 at the college open stage with enthusiasm. Principal Dr. Anurita Saxena awarded badges to selected students as peer facilitators, highlighting leadership and support. Guided by Dr. Surender Sharma and the committee, the event fostered responsibility and student engagement on campus.



## FDPs/Conferences/Seminars/Workshops

### Faculty Development Program: “Bridging the Gap: Practical Training on Service Rules for HP Government Employees”

On 16th July 2025, IQAC successfully conducted a week-long Faculty Development Program titled ‘Rule Book to Real World: Practical Insights for HP Government Employees’. The program saw the participation of 70 teaching and non-teaching staff from RKMV and nearby colleges. Key topics included Conduct Rules, FR & SR, Leave Rules, Financial Rules, RTI Act 2005, and Pay Fixation. Expert sessions by Sh. Gian Chand Rayta, Sh. Bharat Bhushan, Sh. Dinesh Kumar Sharma, Sh. Gopal Sanghaik, and Sh. Naresh Kumar connected theoretical rules with real-world applications. Post-lunch sessions involved interactive discussions, practical exercises, and doubt clarification. Principal Dr. Anurita Saxena emphasized that awareness and understanding of rules is essential for disciplined conduct and empowered service.



### One-Day Workshop on “Communication: A Life Skill”



The Department of English, RKMV Shimla, held a workshop on “Communication: A Life Skill” on 13th May 2025 for PG students. Led by Dr. Sandhya Sharma, it covered verbal, non-verbal communication, listening skills and empathy. Students actively participated, gaining insights into effective interpersonal skills and identifying areas for self-improvement. The session proved to be highly interactive, rich in practical insights, and truly impactful for the participants.

## FDPs/Conferences/Seminars/Workshops

### College Volunteers Training Workshop on Heritage Conservation

The Department of History and IQAC, RKMV, in collaboration with INTACH, on 24th July 2025, hosted a College Volunteers Training Workshop on Heritage Conservation to equip students with essential knowledge and skills in preserving India's cultural legacy. The workshop featured four distinguished speakers—Ms. Purnima Datt, Ms. Malvika Pathania, Mr. Raaja Bhasin, and Ms. Christina Shangne—who shared insights on documentation, restoration, and the role of volunteers in heritage efforts. Students were engaged in interactive sessions on local heritage themes like the Gaiety Theatre, Kullu Shawls, Chamba Rumal, and more. The hands-on experience fostered a deeper appreciation for conservation work.



### Training on Psychosocial Care During Disasters



Dr. Jyoti Pandey and Dr. Ishita Chauhan, Assistant Professors at RKMV, participated in a training program on 'Psychosocial Care During Disasters' held at Bachat Bhawan, Shimla, from 24th–25th June 2025. With a focus on trauma care and community response, they aim to implement the key learnings through awareness programs, support teams, curriculum integration, and practical drills designed to strengthen resilience.

## International/National Days Celebrations

### Malala Day Celebrated with Inspiring Guest Lecture



On 17th July 2025, The Women Cell of RKMV, in collaboration with the Rotaract Club and RUSA Cell, organised an insightful guest lecture on Malala Day. Ms. Geetanjali Thakur, DSP (Narcotics) and RKMV alumna, addressed the students, emphasizing the power of education and resilience, inspired by Malala Yousafzai's journey. She urged students to stay vigilant against drug abuse and social evils. The event was graced by the presence of dignitaries, including the Vice Principal, Mrs. Kartik Mrityunjay Chauhan, and the Rotary Club President, Mr. Karan Bamba.

### Celebration of International Yoga Day

Rajkiya Kanya Mahavidyalaya, Shimla, celebrated the 11th International Yoga Day on 21st June 2025 with active participation of staff and students. Principal Dr. Anurita Saxena emphasized the vital role of yoga in promoting holistic health, highlighting how it nurtures physical fitness, mental well-being, emotional balance, and spiritual growth, thereby shaping a healthier and more harmonious lifestyle.



### NCC Unit of RKMV Observes Kargil Vijay Diwas with Patriotic Fervour



On 26th July 2025, the NCC unit of RKMV observed Kargil Vijay Diwas to honour the bravery of Indian soldiers. Principal Dr. Anurita Saxena, the Chief Guest, paid tribute to the martyrs and urged students to uphold their legacy through academic and cultural excellence. The event featured patriotic songs, dances, poetry, and a skit on the Pahalgam attack, all highlighting unity in diversity. The program inspired students to honor the sacrifices of our brave soldiers and motivated them to contribute positively towards the nation's growth and progress.

## International/National Days Celebrations

### NSS Volunteers Observe International Youth Day

On 12th August 2025, NSS volunteers from RKMV joined a thought-provoking event organised by Himachal Gyan Vigyan Samiti at Bachat Bhawan, Shimla, focusing on drug abuse awareness among youth. The programme featured the launch of the impactful web series “White Truth”, sharing emotional stories and strong messages on the urgent need for collective action against substance abuse. The volunteers concluded the program with a renewed commitment to building a healthier, drug-free society, standing united in their resolve to spread awareness and bring about positive change.



On this occasion, RKMV students also participated in celebrations organized by the Ministry of Health & Family Welfare and the HP State AIDS Control Society at Hotel Peterhoff, Shimla. Our students performed a “flash mob” to spread awareness about HIV/AIDS and also displayed creatively hand-painted T-shirts and umbrellas. The discipline and dedication of NSS and Rangers volunteers stood out throughout the program. Their efforts were appreciated by the Hon’ble Chief Minister and other dignitaries, and the participants were honored with certificates and awards for their impactful contributions.

## International/National Days Celebrations

### Celebrating 79th Independence Day at RKMV

RKMV celebrated the 79th Independence Day with pride, enthusiasm, and patriotic fervor. The event was inaugurated by Principal Dr. Anurita Saxena, who congratulated the students and inspired them to live with integrity, unity, and devotion to the nation. The campus, beautifully adorned with national flags echoed with patriotic songs, slogans, and speeches. Dr. Saxena led the gathering with spirited chants of 'Bharat Mata Ki Jai' and 'Vande Mataram,' filling the atmosphere with a deep sense of national pride and togetherness.



## National/International Days Celebrations

### National Sports Day Celebration

RKMV celebrated National Sports Day on 29th August 2025 with a vibrant line-up of events including Cross Country, Table Tennis, Carrom, Chess, Tug of War, and Ball Relay. Inter-faculty competitions and enthusiastic participation from both students and teachers brought great energy to the day. With over 2000 participants, the celebration became a grand showcase of RKMV's sporting spirit.



## Celebrations

### Celebrating Teej: Embracing Tradition, Culture & Nature

On 16th August 2025, a vibrant program was organized in the college to celebrate Hariyali Teej, highlighting its deep cultural, traditional, and environmental significance. The students brought alive the festival's essence through mythological and religious references, colorful performances, and creative expressions. Principal Dr. Anurita Saxena emphasized the role of such festivals in showcasing women's strength and dedication, while also reminding everyone of the importance of preserving culture and protecting nature through activities like tree plantation. Dance performances and a mehndi (henna) competition added charm to the celebration



## Celebrations

### Genesis: Hostellers' Welcome

A warm and vibrant Freshers' Party was hosted by the students of Tribal and Sainik Hostels on 31st July 2025 to welcome the new hostel members with open hearts and joyful celebrations. The event was graced by Dr. Anurita Saxena (Principal) as the Chief Guest, along with Dr. Surinder Sharma (Dean of Students' Welfare), Dr. Jyoti Pandey & Dr. Sushila Bhatt (Wardens), Dr. Usha (Hostel Convenor), and other esteemed faculty members.



### Janmashtami Celebrations at RKMV Hostels

On 16th August 2025, the Tribal and Sainik hostels celebrated Shri Krishna Janmashtami with devotion and enthusiasm. The evening began with soulful bhajans in praise of Lord Krishna, creating a divine and peaceful atmosphere. A beautifully adorned Jhanki depicting the birth of Lord Krishna, decorated with flowers, lights, and student-made crafts, became the highlight of the celebration. The event was a sacred expression of faith, devotion, and spiritual unity, filling the hostels with festive fervor.



## Andaaz-e-Noor: A Grand Welcome to New Beginning

Rajkiya Kanya Mahavidyalaya, Shimla hosted its vibrant Freshers' Party "Andaaz-e-Noor" on 7th August 2025 with great enthusiasm and spirit. The event was graced by Ms. Gandharva Rathore (IAS), Special Secretary, Personnel, and Ms. Ritika Jindal (IAS), Director, Land Records, who inspired students to dream big and stay focused. The celebration featured four exciting rounds – Ramp Walk, Dance, Talent Display, and Q&A – allowing first-year students to showcase their creativity, confidence, and charm. Out of 53 participants, Preet was crowned Miss Fresher 2025, with Anushka and Sojal Singta as First and Second Runners-Up. Akshika Zinta earned the title of Miss Talented, while Harsha Deota was named Miss Confident. The college extends sincere thanks to the judging panel: Ms. Anju Srivastava, Prof. Reva Gupta, and Ms. Devika Chauhan, for their valuable insights. Principal Dr. Anurita Saxena inaugurated the event, setting an encouraging tone for the evening. "Andaaz-e-Noor" was a celebration of new journeys, confidence, and limitless possibilities – a memorable start to the academic year!



## State-wide Campaign against Drug Addiction



On 5th August 2025, RKMV Shimla, in collaboration with Himachal Gyan Vigyan Samiti (HGVS), launched a state-wide campaign against drug addiction. On this occasion, an MoU was signed to strengthen future programs on drug prevention and public health. Aligned with the spirit of Raksha Bandhan, the campaign carried the message of a promise for a drug-free life. Dr. Ravi Bhushan, a retd. psychologist highlighted the harmful consequences of addiction, while Sh. Satyawan Pundir from HGVS introduced the campaign theme 'Behan ka Paigam Bhai ke Naam: Drugs se Suraksha ka Bandhan'.



The event featured a Nukkad Natak, a dance performance, the screening of the web series 'The WHITE Truth', and a collective Oath Ceremony pledging commitment to a drug-free society. Principal Dr. Anurita Saxena emphasized that traditions like Raksha Bandhan not only celebrate bonds of protection but can also serve as powerful inspirations for positive social change.

## Departmental/Clubs Activities

### Climbing Beyond Limits

On 28th July 2025, the Departments of BCA, B.Voc, Microbiology and Biotechnology together organized an inspiring session with renowned mountaineer Sh. Raman Chander Sood and his life partner Mrs. Anita Sood. Their powerful stories of resilience, discipline, and courage moved students to rise above challenges. From summiting Island Peak to sharing life lessons on strength and partnership, the talk left a lasting impact. "Success lies beyond fear and failure. Keep climbing beyond limits—together."



### Lecture on Cyber Security



On 30th July 2025, The Department of Computer Applications organized a lecture on Cyber Security under the 'Hack Safe Campaign' for the students of B.Sc., BCA, and B.A. The session was conducted by Er. Gaurav Sharma, who highlighted various online threats, the importance of cyber hygiene, and measures for data protection. He also shared real-world cases of cyber-attacks and emphasized the growing demand for cybersecurity professionals. The interactive session not only encouraged students to adopt safe digital practices but also inspired them to explore career opportunities in the field of cybersecurity.

### Special Lecture on GST & Women Empowerment

On 22nd August 2025, the Commerce Department organized a lecture on GST and Women Empowerment. The session was delivered by Ms. Poonam Thakur, Assistant Commissioner, State Taxes & Excise, who spoke on the role of GST in promoting transparency and good governance. She also emphasized the significance of women's education and leadership in driving social progress. Principal Dr. Anurita Saxena, the Chief Guest, highlighted the importance of taxation awareness and women's empowerment as vital pillars of nation-building. The lecture was attended by around 150 M.Com and B.Com students.



## Departmental/Clubs Activities

### Interactive Session on Business and Commerce

On 27th August 2025, the Department of Commerce hosted an interactive session with Dr. Sunny Vijay Arora from S.P. Jain Institute of Management & Research, Mumbai, and Dr. Ester from Hungary. The event offered valuable insights into global marketing, research, and academia. Both speakers led engaging discussions, encouraging active student participation. The session deepened students' understanding of contemporary business issues and was highly appreciated. It proved to be an enriching academic experience that broadened the perspectives of young learners.



### Enhancing Career Readiness in Hospitality: Guest Lecture by Industry Expert



On 27th August 2025, the Department of BVoc Hospitality and Tourism Management organized a guest lecture on soft skills, stress management, and career growth in the hospitality industry. Ms. Ayushi Verma, Restaurant General Manager at Four Seasons Hotel, London, delivered the session, sharing valuable industry insights. Her interactive talk engaged students in meaningful discussions, providing them with practical knowledge and inspiration. The session proved to be informative and motivating, offering a deeper understanding of career opportunities in hospitality.

### Interactive Session Organized by the Department of Commerce

The Department of Commerce, RKMV Shimla, organized an interactive session today on 27th August, 2025 with Dr. Sunny Vijay Arora, Associate Professor (S.P. Jain Institute of Management & Research, Mumbai) and Dr. Ester (Hungary). The speakers shared valuable insights on marketing and global academic perspectives. Students actively participated, making the session informative and enriching.



## Departmental/Clubs Activities

### Fit to Win: Pathway to Sports Excellence

From 18th to 28th August 2025, the Departments of Physical Education and Home Science organized a fitness camp titled “Fit to Win: Pathway to Sports Excellence.” Aimed at promoting health, discipline, and sports culture, the camp saw active participation from 50 enthusiastic girls. It focused on physical fitness and identifying emerging sports talent. The initiative empowered young athletes, motivating them to pursue excellence both on and off the field, and laid the foundation for a healthier student community.



### Fostering Critical Thinking: Interdepartmental Group Discussion Session

On 21st August 2025, the Department of Retail Management (B.Voc.) and the Department of Biotechnology & Microbiology collaboratively organized a dynamic Group Discussion session in the college auditorium. With 55 enthusiastic participants and faculty support, students shared insights on topics such as the current education system and the significance of skill-based learning. The activity enhanced their critical thinking and communication skills, while boosting confidence for future career opportunities. The session ended on a high note with active engagement and encouraging feedback from all.



## Departmental/Clubs Activities

### “Road Safety Begins With Us” – Pledge & Orientation Program at RKMV

The Road Safety Club of RKMV, on 21st August 2025, organized an Orientation and Pledge Ceremony to promote responsible road behavior. Graced by Principal Dr. Anurita Saxena, the event educated students on traffic rules and the importance of safe driving. Around 150 participants took a pledge to become responsible road users and Good Samaritans. Dr. Saxena emphasized road safety as a moral duty and inspired students to act as ambassadors of change. The program witnessed enthusiastic participation and commitment from the students.



### Awareness Rally on AIDS



The Red Ribbon Club of RKMV organized an Awareness Rally on AIDS on 28th August 2025 to spread knowledge about HIV/AIDS, its prevention, and the need to fight stigma. Flagged off from the college campus, the rally proceeded to the Ridge and back, with students carrying posters and chanting slogans to engage the public. The event showcased the active role of youth in promoting awareness, compassion, and social responsibility.

## Humanities Crowned Champions at RKMV Inter-Faculty Competition

RKMV hosted its Inter-Faculty Competition on 10th September 2025, under the vision of Principal Dr. Anurita Saxena, supported by PTA, CSCA and Shri Anil Lakhanpal. The event, designed to celebrate talent, teamwork, and creativity, saw enthusiastic participation from students and staff. Divided into four groups—Creativity, Music, Dance, and Theatre—the competitions ranged from debate, essay writing, painting, and rangoli to music, dance, photography, and street play. Esteemed judges from diverse fields evaluated the performances. The vibrant day highlighted academic and cultural excellence, with Humanities emerging as the Overall Champions, adding pride and spirit of camaraderie to the college.



## Rasotsav: An Inter College Cultural Fest organized in RKMV

RKMV, Shimla, hosted Rasotsav 2025, a unique and one of its kind with great zeal and grandeur, creating not just a cultural fest but an unforgettable experience of talent, creativity, and celebration. The one-day festival witnessed the participation of 317 students from nine colleges, competing across 15 activities judged by 13 eminent personalities. The day offered a vibrant mix of events—intense debates, soulful songs, Nukkad Nataks, energetic dances, creative reels, and fine arts. The campus resonated with enthusiasm as seven venues simultaneously managed 15 activities within just three hours, culminating in a graceful prize distribution ceremony. Adding to the festive charm, stalls with traditional delicacies like Siddu, Kachoris, and Petha Burfi recreated a 'mela' atmosphere. The first-year students further highlighted sustainability by showcasing creative items made from waste materials. The event was graced by Mr. Prabodh Saxena, Chief Secretary, Himachal Pradesh, as Chief Guest, along with distinguished guests Dr. Amarjeet Sharma, Director Higher Education; Mr. Ajay Sharma, Director Personnel, SJVN; and the Principals of all participating colleges. Their presence added prestige to the occasion, and the lively ambience was widely appreciated. The competitions concluded with GC Sanjauli securing the first position, RKMV the second, and St. Bede's College the third.









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