




Elysium
A NEWSLETTER OF RKMV

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Rajkiya Kanya Mahavidyalaya, Shimla

Awards and Achievements

RKMV Rises to Excellence

Rajkiya Kanya Mahavidyalaya, Shimla, proudly secured **2nd Rank** in the **Tier-I Internal Ranking of Government Colleges** of Himachal Pradesh for the Academic Session 2025–26, with an impressive score of **1020 out of 1100**. The recognition by the Department of Higher Education, Government of Himachal Pradesh, reflects the institution's sustained commitment to academic excellence, quality education and the holistic development of its students. The college acknowledges and appreciates the dedicated efforts of the entire RKMV family, whose collective contribution made this achievement possible. This accomplishment further strengthens RKMV's commitment to providing quality education and empowering young women to achieve excellence in diverse spheres.



Strengthening Research Excellence at RKMV



RKMV achieved a significant milestone by successfully submitting the **₹20 lakh ICSSR-funded research project** report, awarded in September 2024, in collaboration with Shoolini University, Solan. The project was led by **Principal Investigator (PI) Dr. Anurita Saxena**, with two Co-PIs from RKMV and three Co-PIs from Shoolini University. The final report was successfully approved by the Indian Council of Social Science Research (ICSSR) with positive comments, along with permission to proceed with research publications. This accomplishment reflects RKMV's commitment to collaborative research, academic excellence and promotion of a strong research culture in the institution.

Outstanding Placements In Hospitality And Tourism

Rajkiya Kanya Mahavidyalaya, Shimla proudly announces the successful placement of its B.Voc. Hospitality and Tourism students with attractive annual salary packages ranging from **Rs. 2 lakh to Rs. 4 lakh per annum**. The students have secured placements with some of India's leading hospitality brands, including The Oberoi Udaivilas, Radisson Hotels, Storii by ITC Hotels, Marina Hotel, Best Western Hotels and Deventure Resort. This outstanding achievement reflects the institution's unwavering commitment to skill-based, industry-oriented education and highlights the increasing employability of its students.



Awards and Achievements

Colours of Creativity, Shades of Success



Five students from the Department of Painting, participated in the “Nasha Mukta Yuva for Viksit Bharat Painting Competition” organized by the Ministry of Youth Affairs and Sports, Government of India, at Government Sanskrit College, Phagli, on 27th July 2026. The students showcased outstanding artistic skills, with **Sakshi** (B.A. 3rd Year) securing **First Position** and qualifying for the State-Level Competition. **Swati** (B.A. 2nd Year) won **Third Position**.

RKMV Takes Centre Stage at Tribal Utsav

Students of Rajkiya Kanya Mahavidyalaya proudly participated in the Tribal Utsav held at Rashtrapati Niwas, Mashobra, Shimla, on 22nd August 2026. Students of the Indira Gandhi Tribal Hostel, RKMV, captivated the audience with a vibrant Kinnauri folk dance, beautifully showcasing the rich cultural heritage and traditions of Kinnaur. The Utsav featured diverse cultural performances celebrating the tribal heritage of Himachal Pradesh. RKMV’s enthusiastic participation added colour, vibrancy and cultural splendour to the memorable celebration.



Awards and Achievements

RKMV Scripts Success at State-Level Hindi Competitions

The Department of Language and Culture, Himachal Pradesh, organised State-Level Inter-College Competitions at Reckong Peo, Kinnaur, on 13th September 2026 as part of the Rajbhasha Hindi Fortnight celebrations. Students from 22 colleges across Himachal Pradesh participated in the competitions. Our girls enthusiastically participated in the Speech, Essay Writing and Quiz Competitions. **Bhumika** secured **Third Position** in the **Speech** Competition, while **Sneha** won **Third Position** in the **Quiz** Competition, bringing laurels to the college. Both students were felicitated by Dr Amit Kumar Sharma, Deputy Commissioner, Kinnaur, at the State-Level Hindi Day celebrations held on 14th September 2026.



A Winning Recipe : RKMV Shines at Himachal Culinary & Tourism Festival 2026



RKMV added another feather to its cap with an outstanding performance at the Himachal Culinary & Tourism Festival held on 27th September 2026, at the Institute of Hotel Management (IHM), Kufri. The students showcased their culinary skills and creativity in the College Category – Adult Chef, bringing great pride to the institution. RKMV achieved a remarkable feat by bagging all three medals in the category. **Riya** from the Tribal Hostel won the **Gold Medal**, **Kalpna** from the Tribal Hostel secured the **Silver Medal**, while **Priyanshal** from the Department of Tourism won the **Bronze Medal**. The achievement reflects the talent, dedication and hard work of the students and highlights RKMV's commitment to nurturing excellence beyond the classroom.

Awards and Achievements

RKMV Scripts a Double-Gold Triumph at HPU Youth Festival Group III

RKMV once again showcased its talent and artistic excellence at the HP University Youth Festival Group III, held from 26th to 29th September 2026 at Raja Virbhadra Singh Government College, Seema, Tehsil Rohru, District Shimla. Representing the college with confidence and dedication, our talented students delivered outstanding performances in various cultural events. RKMV brought laurels to the college by securing the **First Prize in Classical Dance** and another **First Prize in Creative Choreography**. These remarkable achievements reflect the students' hard work, discipline, creativity and commitment to excellence. Their captivating performances were widely appreciated and added another glorious chapter to RKMV's cultural journey.



Creative Brilliance Shines: RKMV Students Win Four Prizes at Group-I Cultural Events



RKMV students showcased their creativity and talent at the Group-I Inter-College Cultural Events, held from 16th to 18th September 2026 at Rajiv Gandhi Government Degree College, Chaura Maidan, Shimla. A team of 15 students from RKMV participated enthusiastically in various events and gave a commendable performance, bringing laurels to the college. The students displayed remarkable creativity and artistic skills across different categories. RKMV secured the **Second Prize in Clay Modelling**, while **Third Prizes were bagged in Rangoli, Poster Making and Cartooning**. Their achievements reflect their dedication, hard work and passion for creative expression. The participation also provided the students with a valuable platform to interact, compete and learn alongside students from other colleges.

Sports Triumphs

RKMV Athletes Shine at Spiti Sumdu Marathon



The talented athletes of RKMV, brought laurels to the college with their outstanding performances at the Spiti Sumdu Marathon on 30th August 2026. Demonstrating exceptional endurance, determination and sporting spirit, the three athletes secured top positions in their respective categories. **Suman** clinched **1st position** in the 21 km race in the 16–30 years age category, completing the race in 1 hour 50 minutes and winning a **cash prize of ₹15,000**. **Vipasha Verma** secured **1st position** in the 10 km Defence category, with an impressive timing of 46 minutes, **winning ₹50,000**. **Tenzin** bagged **3rd position** in the 10 km Open category, completing the race in 50 minutes and earning a cash prize of **₹35,000**. Their remarkable achievements reflect their dedication, discipline and perseverance, bringing immense pride to the institution.

RKMV Girls Shine at Inter-College X-Country Championship

RKMV proudly congratulates its Girls X-Country Team for securing third position in the Inter-College X-Country Championship held on 8th-9th September 2026 at Government College, Una. Adding to the team's achievement, **Anamika** secured **fourth position**, while **Vipasha** secured **fifth position** in the championship. Their outstanding performances earned both athletes places in the All India Inter-University X-Country Championship, bringing further recognition to the college. The achievement reflects the dedication, discipline, and perseverance of the athletes, along with the guidance and support of the Physical Education Department. RKMV extends its heartfelt congratulations to the entire team, the athletes, and the department for this commendable performance. Their success is an inspiration to fellow students and a proud moment for the RKMV community.



Sports Triumphs

Stride with Purpose, Shine with Pride

RKMV achieved a remarkable feat at the District-Level Youth Fest Red Run Marathon held on 20th September 2026, with its students delivering an outstanding performance in the Girls' Event. Eight students from RKMV participated, showcasing exceptional determination, endurance and sporting spirit. **Anamika** secured the **First Position**, **Vipasha** stood **Second** and **Kusum** secured the **Third Position**. Ritika and Tanzin also earned Consolation Prizes for their commendable performances. The achievement reflects the students' dedication, hard work and commitment to excellence in sports, bringing pride and laurels to the institution.



RKMV Retains Inter-College Table Tennis Championship



RKMV Shimla once again demonstrated its sporting excellence by retaining the Inter-College Table Tennis Championship for the second consecutive year, held from 29th September to 1st October 2026. Competing against 33 teams in the Boys' and Girls' categories, the RKMV team displayed remarkable skill, teamwork and determination. In the final held at GC Solan, RKMV defeated GC Dharamshala in a thrilling contest to clinch the championship title. The winning team comprised Ridhima Chauhan, Anjali Kanwar, Sakshi Sharma and Kasak Mehta. The Principal, Dr Anurita Saxena, congratulated the winning team and the support staff for their outstanding performance and dedicated efforts. The achievement is yet another testament to the sporting talent and competitive spirit of RKMV students.

Induction/Orientation Programmes

One Campus, One Journey: Connect, Learn, Grow

RKMV organized an Induction Programme for students of all streams from 7th-9th July 2026 to mark the commencement of the new academic session. The Principal, Dr. Anurita Saxena welcomed the students and motivated them to pursue academic excellence while actively participating in cultural, sports, extension and skill-development activities. She emphasized the importance of discipline, punctuality, integrity and adherence to institutional values. She also emphasized on discipline, responsible conduct, library usage, environmental sustainability, gender sensitivity and a drug-free campus.

For first year students, the Principal introduced the NEP 2020 curriculum, value-added courses, co-curricular activities, discipline guidelines, library requirements, environmental responsibility, anti-drug awareness and gender sensitization. Faculty members, club coordinators, campus facilities, student support services, college rules and the examination system were also introduced, helping students become familiar with the institution's academic environment and opportunities.



Induction/Orientation Programmes

Nurturing Green Champions: Eco Club Induction

The Eco Club organized an Induction Programme on 23rd July 2026 to introduce students to the club's objectives and activities. Around 120 students participated enthusiastically. Prof. Kartik S. M. Chauhan highlighted the importance of environmental awareness, sustainable living, biodiversity conservation, waste and water management, plastic reduction and plantation initiatives. Students were also informed about activities such as cleanliness drives, nature walks, bird-watching, workshops and community outreach programmes. The session emphasized individual responsibility and collective action, motivating students to actively participate in environmental conservation and eco-friendly initiatives.



Red Ribbon, Stronger Voices: Induction-cum-Orientation and HIV/AIDS Awareness



The Red Ribbon Club organized an Induction-cum-Orientation Programme followed by an HIV/AIDS Awareness Session on 23rd July 2026. Students were introduced to the objectives and activities of the Red Ribbon Club and encouraged to participate actively. Ms. Kritika Sharma, Assistant Director (Youth Affairs), HPSACS conducted an informative session on HIV/AIDS, covering transmission, prevention, early testing, treatment and common misconceptions. She also demonstrated the NACO Self-Assessment Tool and emphasized the importance of using authentic online and offline resources. The programme promoted awareness, responsible choices and a healthy, informed society.

Induction/Orientation Programmes

Road Safety Starts with Us: Orientation and Pledge Ceremony

The Road Safety Club organized an Orientation Programme and Road Safety Pledge Ceremony on 23rd July 2026, with around 150 students participating enthusiastically. The programme introduced students to the club's objectives and highlighted the importance of traffic rules, pedestrian safety, responsible driving and the use of helmets and seat belts. Students were also advised to avoid mobile phone use while driving and follow speed limits. The students took the Road Safety Pledge to promote safe road practices and spread awareness within the community.



Youth in Action: NSS Induction-cum-Orientation Programme



The NSS Unit organized an Induction-cum-Orientation Programme for newly enrolled volunteers on 25th July, 2026. The programme aimed to familiarize volunteers with the objectives of NSS, their roles and responsibilities and the importance of selfless service in nation-building. A total of 59 volunteers participated. The Programme Officers motivated the students to actively engage in NSS activities and emphasizing that NSS participation fosters leadership, confidence, responsibility and overall personality development.

United in Service: Youth Red Cross and Rotaract Club Induction

The Youth Red Cross and Rotaract Club of RKMV, organized an Induction Programme followed by a special lecture on “MANSA – Ek Sankalp: Rethinking Addiction Prevention through Emotional Knowledge” on 29th July 2026. The volunteers were encouraged to uphold the values of service, leadership and social responsibility through community activities. Ms. Bindu Joshi, member of the Nasha Nivaran Board, highlighted the role of emotional awareness, resilience and empathy in preventing addiction. Around 115 participants took the Nasha Nivaran oath, pledging to promote a healthy, aware and drug-free society.



Induction/Orientation Programmes

A New Beginning: PG Induction and Orientation Programme

Rajkiya Kanya Mahavidyalaya organized an Induction-cum-Orientation Programme for first-semester postgraduate students on 20th August 2026. Students from English, History, Political Science, Commerce and Geography participated in the programme. Principal Dr. Anurita Saxena warmly welcomed the newcomers and familiarized them with the college's rules, regulations and code of conduct. Emphasizing discipline and responsibility, she encouraged students to dream big, set clear goals and work purposefully towards their aspirations. The programme inspired students to make their postgraduate journey purposeful and grow into confident and responsible individuals.



‘Aarohan’: A New Chapter of Leadership and Service



The Rotaract Club of RKMV hosted its Installation Ceremony, 'Aarohan', for the session 2026–27 on 20th August 2026, with the continued support of Rotary Club Shimla Midtown. Principal Dr. Anurita Saxena graced the occasion as Chief Guest, while Rtn. Kavi Khanna, President, Rotary Club Shimla Midtown, was the Guest of Honour. Rtr. Purandhi Gupta, District Rotaract Representative, and Rtr. Sapan Chauhan, District Secretary (Rotaract), also attended the ceremony. Dr. Saxena appreciated the Club's past services and encouraged greater national and international exposure. The formal collaring of the President and badge-pinning of office bearers symbolized the transition of leadership. The annual report was presented, celebrating the Club's legacy of service and commitment to society.

National/International Days Celebrations

Observance of Kargil Vijay Diwas

NCC Unit of the college observed “Kargil Vijay Diwas” on 27th July 2026 to commemorate India's victory in the 1999 Kargil War and honour the sacrifices of the brave soldiers. The programme began with the ceremonial lamp lighting by Chief Guest Wg. Cdr. Shivaneer Chauhan, along with the ANO, NCC staff and cadets. A Rank Ceremony was also held to recognize the discipline, leadership and commitment of NCC cadets. In her address, the chief guest inspired students to uphold patriotism, courage, discipline and dedicated service to the nation.



Outstanding Participation of RKMV Students on International Youth Day



On International Youth Day, 12th August 2026, “Youth United Against HIV and Drugs”, an awareness program was organised at Hotel Peterhof, Shimla, by the Department of Health and Family Welfare, Himachal Pradesh and Himachal Pradesh State AIDS Control Committee. Health Minister Shri Dhaniram Shandil, Chief Guest and Dr. Harish Janartha, Urban MLA, Shimla, graced the event. Around 200 students of RKMV’s NCC, NSS, Rangers & Rovers and Red Ribbon Club participated enthusiastically. Through rangoli, tile painting, umbrella painting and poster making, our students highlighted the harmful effects of drugs and promoted HIV/AIDS awareness. Their creative and disciplined participation conveyed a strong message of a drug-free society, youth empowerment, social awareness, leadership and responsibility.

National/International Days Celebrations

RKMV Brings Colleges Together to Celebrate Libraries

RKMV celebrated National Librarians' Day on 12th August 2026 to commemorate the birth anniversary of Padma Shri Dr. S. R. Ranganathan, the Father of Library Science in India. Organised by the Library Committee under IQAC, the cluster-level inter-college programme was held on the theme “Libraries: Connecting People, Preserving Knowledge, Empowering the Future.” Students from RKMV, St. Bede's College, G.C. Sanjauli, G.C. Theog and G.C. Kandaghat participated in competitions including Declamation, Bookmark Making and Quiz, promoting reading, creativity, communication and knowledge-sharing. The programme also highlighted RKMV's modern library facilities, including its **fully automated system**, **Visitor Management System (VMS)**, **OPAC**, **ONOS** and **NDLI**, which make information access faster, easier and more convenient. The celebration reinforced the role of libraries in academic growth, digital learning and holistic student development.



National/International Days Celebrations

Celebrating the Spirit of Freedom

Rajkiya Kanya Mahavidyalaya, Shimla, celebrated the 80th Independence Day on 15th August 2026 with immense patriotic fervour and enthusiasm. The programme commenced with the hoisting of the National Flag by Principal Dr. Anurita Saxena, followed by a ceremonial march past by volunteers of NSS, NCC and Ranger Rovers. Addressing the gathering, the Principal highlighted the significance of Independence Day and emphasised the values of patriotism, national unity, responsibility and commitment towards the nation. An on-the-spot quiz on India and its Freedom Struggle was organised for students. The celebration was further enriched by vibrant cultural performances reflecting patriotism and India's rich cultural diversity. The programme concluded on a patriotic note, solidarity and commitment to the nation.



National/International Days Celebrations

National Sports Day: Celebrating Fitness and Sporting Spirit

The Department of Physical Education celebrated National Sports Day on 29th August 2026, commemorating the birth anniversary of legendary Indian hockey player Major Dhyan Chand. The celebration witnessed enthusiastic participation from 2,000 students representing different faculties. Principal Dr. Anurita Saxena encouraged students to embrace sports, emphasizing physical fitness, discipline, teamwork and sportsmanship, while highlighting their role in promoting well-being and a drug-free society. Principal and faculty members paid homage to Major Dhyan Chand, remembering his contribution to Indian hockey. The celebration featured Baton Relay, Carom, Chess, X-Country, Tug-of-War, Fun Games and Table Tennis. Students and staff participated enthusiastically, creating an atmosphere of healthy competition, teamwork and camaraderie.



National/International Days Celebrations

Teacher's Day Celebration – A Day of Joy and Togetherness

Teacher's Day at RKMV was celebrated on 5th September 2026 with great enthusiasm, warmth and a wonderful spirit of togetherness. The celebration provided teachers with a delightful break from their routine, as they participated in a variety of games, fun-filled activities and interactive events. The laughter and cheerful moments made the occasion truly special. The celebration had a beautiful "Blue" theme, with all the teachers dressed in different shades of blue. Blue, symbolising peace, trust, stability, wisdom and depth, beautifully reflected the qualities that define a teacher. Like the vastness and calmness of the blue sky and ocean, teachers provide their students with stability, guidance, confidence and endless opportunities to grow. The Principal, Dr Anurita Saxena, addressed the gathering and spoke about the invaluable role of teachers in shaping individuals and building a responsible and progressive society. The celebration was a beautiful blend of appreciation, togetherness and fun.



National/International Days Celebrations

Hindi Diwas Celebrations at RKMV

The Department of Hindi celebrated Hindi Diwas on 14th September 2026 as a part of 'Hindi Pakhwada', with the aim of promoting the use of Hindi and developing among students a deeper appreciation for the language and its rich literary heritage. A variety of activities were organised during the fortnight, including declamation, poetry recitation, essay writing, Hindi quiz, poster-making and other literary activities. Students participated enthusiastically and showcased their creativity, confidence, communication skills and literary talent. Through these activities, students explored the richness of the Hindi language while expressing their thoughts on various contemporary and social issues. The celebrations also provided them with a platform to connect with their linguistic and cultural heritage and encouraged greater pride and interest in Hindi. The Hindi Pakhwada celebrations thus provided a meaningful blend of language, literature, creativity and cultural expression.



“Say No to Drugs, Say Yes to Life”: RKMV Celebrates NSS Day



RKMV celebrated NSS Day, on 24th September 2026 with the active participation of 100 NSS volunteers and 50 Red Ribbon Club members. NSS volunteers presented a street play highlighting the harmful personal and social effects of drug abuse. An awareness rally was also organized from the college campus to the Ridge, Shimla, spreading the message of a drug-free society. Students took a pledge to stay away from drugs and to create awareness among their families, friends, and community members about its harmful consequences. The programme aimed to promote social responsibility, national service, and awareness for a healthy and drug-free society.

Fresher's Parties

Hostellers' Freshers' Party "Agaaz"

RKMV organised the Freshers' Party "Agaaz" on 8th August 2026 to warmly welcome newly admitted students of the Tribal and Sainik Hostels. The event provided freshers a joyful platform to interact with seniors, showcase their talents and become part of the hostel community. Principal Dr. Anurita Saxena, the Chief Guest, extended her best wishes and encouraged students to participate actively in co-curricular activities while upholding institutional values and discipline. A vibrant cultural programme featuring Nepali, Kinnauri, Punjabi and Bollywood dances celebrated India's rich diversity. The celebration concluded joyfully, fostering friendship, confidence and togetherness among students.



PG Freshers' Party 2026: A Joyful Welcome

Rajkiya Kanya Mahavidyalaya hosted a vibrant PG Freshers' Party on 24th August 2026 to warmly welcome newly admitted postgraduate students. Dr. Anurita Saxena, Principal, RKMV, graced the occasion as Chief Guest, inspiring students with her encouraging words. The celebration provided freshers an opportunity to interact with seniors and faculty members and become part of the RKMV family. The programme featured an engaging blend of music, dance, fun activities, talent presentations and performances. Freshers participated with confidence and enthusiasm, showcasing their creativity and talents. The celebration marked a cheerful beginning to their postgraduate journey at RKMV, filled with new connections, confidence and memorable experiences.



Fresher's Parties

‘Elara’: Celebrating New Beginnings, Talent and Dreams

RKMV, Shimla, celebrated its Freshers' Party “Elara” on 13th August 2026, symbolising brightness, beauty and new beginnings. Ms. Rupali Thakur (IAS), Director, Dr. Manmohan Singh Himachal Pradesh Institute of Public Administration, graced the occasion as Chief Guest. Principal Dr. Anurita Saxena warmly welcomed the Chief Guest and freshers. The modelling competition featured four rounds—Glittering Stars, Dancing Divas, Talent and Q/A—with 52 participants. The judging panel comprised Dr. Shivani Sood, Dr. Hemlata and Dr. Nisha, Assistant Professors. Vanshita was crowned Miss Fresher 2026; Akshara and Onas were First and Second Runners-Up, while Chavi won Miss Talented and Deepali Miss Confident. Cultural performances showcased Kashmiri, South Indian, Bollywood, Uttarakhand, Lavani, Punjabi, Haryanvi, Retro, Dandiya and Nati traditions, culminating in “Maa Tujhe Salaam: A Dance Melody of Love for the Nation.” The Chief Guest sensitised the students about drug abuse and cybercrime and inspired them to ‘conquer the world.’



Cells and Clubs

Career Guidance Session for Competitive Exams

Career Counselling and Placement Cell of the college organized a two-day Career Guidance Session on 27th–28th July 2026 in collaboration with Creative Academy, Shimla. The programme informed students about competitive examinations, including IAS, HPAS, Banking, Allied Services and NET/SLET, along with diverse career opportunities. Resource persons discussed eligibility, preparation strategies, motivation and the mindset required for success.



NSS Volunteers Gain Leadership Skills at National Training Programme



NSS volunteers Deeksha and Naveena of RKMV, represented the college at the ‘Leadership and Personality Development Training Programme’ organised by the Regional Centre, Chandigarh, of Rajiv Gandhi National Institute of Youth Development (RGNIYD) from 4th to 7th August 2026. During the four-day training programme, the volunteers actively participated in sessions and activities focused on leadership development, personality building, effective communication, team building, and creative and group activities. As part of the cultural programme, both volunteers presented the rich folk culture of Himachal Pradesh, which was highly appreciated by the audience.

NSS Volunteers Participate in Youth Leadership Bootcamp

RKMV NSS volunteers Tamanna and Aarushi actively participated in a three-day Youth Leadership Bootcamp organised by MY Bharat, Ministry of Youth Affairs and Sports, Government of India from 5th–7th August 2026. The programme brought together around 35 young participants and focused on developing leadership skills, team spirit, social responsibility and personality development. The participants were introduced to the MY Bharat Portal and various national youth activities and initiatives. Both volunteers enthusiastically participated in leadership and community service activities, demonstrating a strong sense of social commitment and responsibility.



Cells and Clubs

Awareness Programme on TB Mukht Bharat Abhiyan



The NCC Unit of RKMV organised an awareness programme under the TB Mukht Bharat Abhiyan on 11th August 2026. The programme aimed to create awareness among students about tuberculosis, its prevention, early detection and the importance of timely treatment. An informative session on TB and drugs was conducted, followed by a poster-making activity in which NCC cadets participated enthusiastically. Through creative posters, the cadets also conveyed important messages on drug abuse and HIV awareness and prevention. The activity enhanced students' understanding of TB and strengthened their sense of social responsibility. The programme reflected the NCC's spirit of community service and encouraged cadets to contribute towards building a healthier and TB-free society.

Dream, Prepare, Serve: Career Guidance for Defence Services

The Career Counselling and Placement Cell, in collaboration with NG's Vidyamandir, Shimla, organized a Counselling and Awareness Session on the NDA and CDS Examinations on 20th August 2026. The session aimed to familiarize students with these prestigious defence entrance examinations and the career opportunities they offer. Participants received valuable guidance on eligibility criteria, examination requirements, preparation strategies and career prospects. Students actively engaged with the session and gained greater clarity about the pathways available through the NDA and CDS examinations.



Road Safety: Spreading Awareness Through Creativity



The Road Safety Club organized a Road Safety Awareness Programme on 25th August 2026, featuring three creative competitions—Slogan Writing, Poster Making and Reel Making. The programme witnessed enthusiastic student participation, with creative expressions highlighting the importance of road safety, responsible road behaviour and traffic discipline. Students emphasized the significance of helmet and seat-belt use and the responsibility of protecting precious lives. The programme concluded with a call to students to become ambassadors of road safety and extend awareness beyond the campus.

Cells and Clubs

Ek Ped Maa Ke Naam: Growing a Greener Tomorrow



The NCC Unit organized a tree plantation drive under the campaign “Ek Ped Maa Ke Naam” on 20 August 2026, promoting environmental awareness and a greener future. The drive was conducted across the college premises and Keleston Jungle, Shimla, with the active participation of 50 NCC cadets, who planted 50 saplings. The initiative highlighted the vital role of trees in maintaining ecological balance, reducing pollution and combating climate change. Beyond enhancing green cover, the plantation drive fostered a strong sense of environmental responsibility among students, inspiring them to become active contributors towards protecting nature and building a healthier and sustainable environment.

Seva Mein Hi Madhav: A Gesture of Compassion

The Rotaract Club under Rotary International District 3080, organized a community service drive, “Kanha Ki Muskaan – Seva Mein Hi Madhav” to celebrate Janmashtami on 3rd September 2026. The initiative was conducted in the slum area near SDM Ground along NH-5, Sanjauli, Shimla. A team of eight Rotaract members visited the locality and interacted with ten underprivileged children, sharing festive joy and warmth. Essential items, including clothing, hygiene kits with sanitary napkins, and stationery supplies, were distributed to support their comfort, health, personal care and education. Beyond material assistance, the volunteers spent meaningful time with the children and families, fostering happiness, togetherness and community engagement. The initiative reflected the spirit of selfless service and reinforced the club’s commitment to social welfare, compassion and community empowerment.



Cells and Clubs

Shangri-La – Healthy Minds, Happy Hearts, Clean Environment

RKMV in collaboration with Auckland House School for Boys, organized “Shangri-La – Healthy Minds, Happy Hearts, Clean Environment” on 17th September 2026. Organized by the Eco Club, Red Ribbon Club and Department of Zoology, the programme focused on environmental sustainability, responsible waste management and awareness against drug addiction. Students presented poetry, powerpoint presentations and Nukkad Nataks highlighting environmental protection, healthy living and the importance of a drug-free society. Dr. Anurita Saxena, Principal, RKMV, emphasized collective learning and individual responsibility, urging students to refuse single-use plastic. Auckland House School for Girls and Boys contributed 100 kg and 30 kg respectively, while RKMV collected nearly 1,000 kg, contributing to its Himachal Pradesh Environmental Leadership Award. The programme was attended by 200 students.



Safety Starts with Us: Road Safety Awareness Lecture



The Road Safety Club organized a lecture on “Road Safety Awareness: Rules, Responsibilities and Safe Practices” on 26th September 2026 under the guidance of the Principal, Dr. Anurita Saxena. The session began with an insightful lecture by Dr. I.D. Sharma, Associate Professor (Retd.), an expert in Disaster Management and Road Safety Management. He sensitized students about traffic rules, helmet and seatbelt use, avoiding mobile-phone distractions, responsible road behaviour and the importance of the Golden Hour. The programme encouraged students to become responsible road users.

IQAC/Conferences/Workshops

Satat Samudaya Sangam 2026

The IQAC in collaboration with Earth Just, MSHIPA, and HIMCOSTE, organized the two-day “Satat Samudaya Sangam 2026” at MSHIPA, Mashobra, on 25th–26th July, 2026. The programme brought together participants from across the world to discuss sustainable, community-led development. Key sessions included ‘Kal Ka Sheher, Kal Ka Gaon’, district-level Dream Mapping and ‘Hunar Bazaar’, focusing on education, climate change, forest conservation and community collaboration. The event concluded with a collective pledge to build a sustainable, resilient and inclusive Himachal through continued partnership and community engagement.



Promoting Legal Literacy and Access to Justice



The IQAC and Department of Political Science of the college organized a lecture on “Promoting Legal Literacy, Juvenile Justice and Access to Justice for Young Persons” under the Legal Awareness Programme on 31st August 2026. Ms. Shailja Sood, Deputy Legal Aid Defence Counsel, O/o LADC(S), Shimla, delivered the lecture, providing students with practical awareness of their legal rights, responsibilities, available legal aid and avenues for accessing justice. She also explained juvenile justice, protection, rehabilitation and the importance of legal literacy in everyday life. The session witnessed enthusiastic participation from 160 students, who gained practical insights into navigating the legal system and seeking appropriate assistance when required. The programme reinforced that knowing one’s rights is the first step towards securing justice.

IQAC/Conferences/Worksops

Empowering Women through Awareness of Government Schemes

The IQAC and Department of Political Science organized a lecture on “Government Schemes for Safety, Security and Empowerment of Women” under the Legal Awareness Programme on 31st August 2026. The session was delivered by Sh. Krishan Kumar, Department of District Programme Office, Shimla and attended by 160 students. He highlighted schemes including Beti Bachao Beti Padhao, Pradhan Mantri Matru Vandana Yojana, Sukanya Samriddhi Yojana, Ujjwala Yojana, One Stop Centre, Women Helpline (181) and Pradhan Mantri Mudra Yojana. The lecture emphasized awareness, accessibility and sharing information to strengthen women’s safety, welfare and empowerment.



Cyber Safety: Empowering Students in the Digital Age



The IQAC and Department of Political Science also organized a lecture on “Cyber Crimes and Cyber Safety” under the Legal Awareness Programme on 31st August 2026. Sh. Lalit Tanwar and Sh. Kamlesh, Cyber Crime Unit, Shimla, sensitized students to online fraud, phishing, identity theft, fake profiles, OTP scams and cyberbullying. The speakers provided practical guidance on protecting personal information, passwords, bank details and social media accounts, stressing the importance of never sharing OTPs, PINs or confidential information. They also explained procedures for reporting cyber crimes and seeking assistance. The session engaged 170 students, strengthening their digital literacy, online safety awareness and responsible citizenship.

Departmental Activities

Three-Day Entrepreneurship Development Programme

The Department of Commerce organised a Three-Day Entrepreneurship Development Programme from 5th to 7th August 2026 under the RAMP initiative, with enthusiastic participation from 30 students. The programme aimed to develop an entrepreneurial mindset and equip students with skills to explore self-employment and business opportunities. Resource persons Mr. Siddharth Lakhanpal and Ms. Gautami Srivastava conducted interactive sessions on entrepreneurship, business strategies, branding, pricing, customer relations and marketing. Students developed business ideas and brand identities and presented engaging business pitches, receiving valuable feedback. The programme concluded with Principal Dr. Anurita Saxena encouraging students to nurture innovation, utilise their skills and pursue entrepreneurship as a promising career.



Fit to Win: Empowering Girls Through Fitness



The Department of Physical Education organized a 15-days Physical Fitness Camp, “Fit to Win: Empowering Girls for Sports & Police Recruitment,” from 12th to 28th August 2026 on the college campus. A total of 85 students participated actively. The camp focused on enhancing physical fitness, strength, stamina, flexibility, discipline and sports abilities. Special training was provided to girls aspiring for police recruitment, preparing them for the Police Constable Ground Test through running, endurance, strength and functional fitness activities. Varied daily exercises ensured comprehensive conditioning and sustained interest.

Departmental Activities

India-Tibet Relations: Exploring Historical and Contemporary Ties



The Department of Political Science, under the aegis of IQAC and in collaboration with the 108 Peace Institute, organized a special guest lecture on “India-Tibet Relations: Historical & Political Ties and Their Contemporary Significance” on 19th August 2026. Principal Dr. Anurita Saxena graced the session, while Ven. Acharya Yeshe Phuntsok, Former Parliamentarian of the Tibetan Parliament in Exile, Dharamsala, delivered the keynote address. He highlighted India-Tibet’s historical, cultural, spiritual and geopolitical connections and their relevance to environmental security, human rights and national security. The Principal appreciated the insightful address and encouraged students to explore Tibet’s cultural heritage and traditional knowledge.

Exploring India’s Financial Heritage: Commerce Students Visit Audit Heritage Museum

The Department of Commerce organised an educational visit to the Audit Heritage Museum at Chadwick House, Summerhill, Shimla, on 25th August 2026. A total of 18 M.Com. students participated in the visit. The visit aimed to provide students with practical exposure to the history and evolution of accounting, auditing and currency systems, while familiarising them with the role and significance of the Comptroller and Auditor General (CAG) of India. Students explored the museum’s rich collection of old ledger books, historical records, currency and exchange systems, and archival materials. The museum staff also briefed them on the historical significance of Chadwick House and the evolution of India’s financial and administrative institutions. Interactive exhibits, videos and audio-visual resources further enriched the learning experience. The visit successfully connected classroom concepts with historical and practical perspectives, deepening students’ understanding of India’s accounting, auditing and financial heritage.



Departmental Activities

Preparing Students for Future Careers

The Department of Commerce, in collaboration with Pune Institute of Business Management (PIBM), Pune, organized a Two-Day Student Development Programme on “Careers after Graduation in Finance, Human Resource, Marketing and Operations” on 25th–26th August 2026. Conducted by Mr. Bhanu Prakash Singh, PIBM, Pune, the programme benefited 138 B.Com II and III students. The first day focused on career opportunities, employability skills, professional certifications, LinkedIn profiling, GDs, PIs and industry-relevant digital tools. The second day introduced Artificial Intelligence and its applications in Finance, Operations and Marketing, emphasizing AI literacy, Digital skills and continuous upskilling. The programme enhanced students’ career awareness, employability and industry readiness.



RKMV and Auckland House Join Hands for a Safer, Disaster-Resilient Tomorrow



The Department of Geography in collaboration with Auckland House School, Shimla, organised an enlightening guest lecture on “Disaster Management: Building a Safer Tomorrow – Preparedness, Response & Resilience” on 25th August 2026. The session was graced by Dr. Khayal Chand, Course Director, DMC, who highlighted the importance of preparedness, risk reduction, response, recovery and resilience in effective disaster management. Emphasising the “Learn, Prepare, Respond and Recover” approach, Dr. Chand encouraged students to develop the knowledge and skills required to face disasters effectively. The programme brought together students of Auckland House School and postgraduate students of RKMV, providing an enriching platform for interaction and learning. The session sensitised students to the challenges of disaster management and the importance of building disaster-resilient individuals and communities, particularly in the vulnerable Himalayan region.

Departmental Activities

Healing the Ozone, Healing the Planet



Departments of Chemistry and Botany, on the occasion of World Ozone Day, 16th September, 2026, organized a series of awareness activities to highlight the importance of the ozone layer and its role in protecting life on Earth. The programme was graced by Principal Dr. Anurita Saxena, who emphasized that protecting the ozone layer is a collective responsibility towards present and future generations. Anushka Rani (B.Sc. 1st Year) and Palak (B.Sc. 3rd Year) delivered informative PowerPoint presentations on the significance of the ozone layer, threats from ozone-depleting substances and its protection. An informative documentary was also screened. The Principal flagged off an awareness rally, in which students carried messages promoting ozone protection and environmental responsibility. Approximately 111 students participated, making the programme an engaging effort towards environmental awareness and sustainability.

RKMV Hosts Special Film Screening during 12th International Film Festival Shimla

RKMV hosted a special film screening from 25th-27th September 2026 at the Multipurpose Hall under the aegis of the Department of Journalism and Mass Communication as part of the 12th International Film Festival Shimla. The three-day festival witnessed the active participation of 50 RKMV students as volunteers at the Gaiety Heritage Cultural Complex and RKMV. The inaugural programme was graced by Principal Dr. Anurita Saxena as the Chief Guest. Addressing the gathering, she highlighted the role of meaningful cinema in students' holistic development, emphasizing its contribution to creativity, critical thinking, social awareness and human values. Eight short films—Lullaby, An Oyster Life, Between Two Words, Renewal, Chupi Roh, Raanphool, Halgi and Paswaar—were screened. Faculty members along with students attended the programme.



Departmental Activities

Apna Himachal: RKMV Culinary Competition

The Departments of Home Science, Zoology, Botany, Tourism and B.Voc. Rangers & Rovers, RKMV, Shimla, organized “Apna Himachal: RKMV Culinary Competition” on 25th September 2026 as part of National Nutrition Month. Based on the theme “Traditional Himachali Cuisine,” the event witnessed enthusiastic participation from around 60 contestants representing RKMV, IHM Kufri, APG University, Auckland House School, GSS School Lakkar Bazar and St. Edward’s School. The event featured two competitions: “Celebrating Himachali Culinary Heritage” and the Recipe Reel Making Competition, “Small Recipes, Big Stories – Cook, Create, Share.” Participants competed in Young Chef and Adult Chef categories. Auckland House School, St. Edward’s School and GSS School Lakkar Bazar secured the top three positions in the Young Chef category, while Shreya of RKMV secured first position in the Adult Chef category. In the Reel Making Competition, Udayveer (St. Edward’s), Suvriti (RKMV) and IHM secured the first three positions respectively. The winners were felicitated by Principal Dr. Anurita Saxena, who emphasized preserving Himachal’s rich culinary heritage and promoting healthy, sustainable food practices.



Cultural Celebrations

Janmashtami Celebrated with Devotion and Cultural Spirit

Janmashtami, commemorating the birth of Lord Krishna, was celebrated with devotion and enthusiasm at the RKMV Hostel on 25th August 2026. The hostel premises and common room were beautifully adorned with flowers, balloons and lights, while the inmates prepared an attractive Jhanki depicting Krishna's birth. Students presented devotional songs, bhajans and a short skit highlighting episodes from Krishna's life and teachings. The celebration offered an opportunity to appreciate values of righteousness, compassion, courage and selfless action. Blending tradition, cultural learning and togetherness, the event strengthened students' connection with their cultural roots while fostering respect for India's rich and diverse heritage.



Saawan Festival: Celebrating Tradition, Women and Nature

Rajkiya Kanya Mahavidyalaya celebrated the vibrant Saawan Festival, organized by the Women Cell, on 26th August 2026. The festivities opened with an invocation to Lord Shiva and Goddess Parvati, followed by lively Shiv Stuti and Garba performances by students of the Dance Department. Principal Dr. Anurita Saxena highlighted Saawan and Teej as celebrations of cultural heritage, womanhood and harmony with nature, emphasizing gender equality, women empowerment, environmental consciousness and a drug-free lifestyle. The Mehendi Competition, with 42 participants, was judged by Dr. Anurita Saxena, Principal; Kartik M. Chauhan, IQAC Coordinator; and Major Dr. Laxmi, Associate Professor, Department of Music. Preeti (BCA) secured first place, Parul (B.Voc) second, while Swati, Varsha and Reena shared third place. Around 2,500 students participated.



9th HPU Inter-College Shooting Championship 2026–27 hosted by RKMV

The 9th HPU Inter-College Shooting Championship (Men & Women) 2026–27, organized by RKMV Shimla, was held from 9th - 11th September 2026, at the Indira Gandhi Sports Complex, Shimla. The championship witnessed participation from 110 shooters—66 men and 44 women—from 21 colleges across Himachal Pradesh. The inaugural ceremony was led by Dr. Anurita Saxena, Principal, RKMV, in the presence of International Shooter Shri Surya Pratap Singh Banshtu. The championship concluded with Prof. Mahavir Singh, Vice Chancellor, HPU, as Chief Guest. Dr. Saxena praised the participants for their focus and sportsmanship, while Prof. Singh emphasized physical activity, discipline, and mental focus. Centre of Excellence, Sanjauli (Women) and SCVB GC Palampur (Men) won the Overall Trophies. GDC Dharamshala won 10m Air Pistol, while SCVB Palampur (Men) and Centre of Excellence, Sanjauli (Women) won 10m Air Rifle.



Oath Ceremonies/Outreach/Awareness Programmes

Regional Outreach Programme on Startups and Entrepreneurship

Five students and two faculty members from Rajkiya Kanya Mahavidyalaya, Shimla, participated in the Regional Outreach Programme on “Empowering Startups, Enterprises and Industry in Himachal Pradesh” held at the Secretariat, Chhota Shimla, on 27th July 2026. Organized jointly by HIMCOSTE, DEST, TDB and CC, the programme promoted innovation, entrepreneurship and industry-academia collaboration. Experts shared insights on government initiatives, start-up funding, technology commercialization, research support and entrepreneurship policies. Participants were also introduced to various schemes and opportunities available for aspiring innovators and entrepreneurs in Himachal Pradesh.



Nasha Mukh Yuva for Viksit Bharat – Oath Ceremony



The “Nasha Mukh Yuva for Viksit Bharat” Oath Ceremony was organized at the RKMV Girls’ Hostel, Shimla, on 2nd August 2026 under the nationwide campaign initiated by the Ministry of Youth Affairs & Sports. The campaign seeks to inspire youth to lead healthy, drug-free lives and contribute to building a developed India. Around 200 hostel boarders enthusiastically participated and took the Nasha Mukh Bharat Pledge, promising to abstain from intoxicating substances, encourage others to stay away from drugs and spread awareness about the harmful effects of substance abuse. The pledge reaffirmed their commitment to a healthy, aware, empowered and drug-free India.

Oath Ceremonies/Outreach/Awareness Programmes

Interactive and Motivational Address for Hostel Boarders

An interactive and motivational session was organised for the boarders of the Tribal Hostel and Sainik Hostel on 10th August 2026. Principal Dr. Anurita Saxena encouraged students to make the best use of their time and opportunities. She emphasised following college rules, maintaining discipline, and respecting teachers, wardens and parents. Students were advised to maintain cleanliness and hygiene and use mobile phones and social media responsibly. The Principal also urged them to avoid indiscipline, unhealthy habits, substance abuse, unnecessary late outings and activities affecting their safety, studies and future.



‘ACulture of Giving’: Daan Utsav Workshop



RKMV in collaboration with Goonj NGO, organised a one-day workshop on “Daan Utsav Initiative and Sustainable Contribution to Society” on 31st August 2026. The workshop aimed to sensitise students towards community service, responsible citizenship and meaningful social contribution. The session focussed on the philosophy of “giving with dignity,” reducing wastage and supporting underserved communities through sustainable and dignified practices. Representatives from Goonj—Ms. Khusboo, Mr. Abhishek and Mr. P.K. Ahluwalia—interacted with students and familiarised them with the organisation’s philosophy and working methodology. They encouraged students to embrace sharing, caring, recycling, reusing and responsible citizenship in their everyday lives. Principal Dr. Anurita Saxena appreciated Goonj’s efforts and highlighted RKMV’s various sustainable and socially responsible initiative.

Oath Ceremonies/Outreach/Awareness Programmes

Campus Mitras: Empowering Student Leadership and Responsibility



RKMV organized the Campus Mitra Badge Ceremony on 8th September 2026, to formally induct student volunteers for the academic session 2026–27. The Campus Mitra initiative seeks to foster leadership, responsibility, and active student participation in the smooth functioning of the institution. A total of 57 students were conferred badges and administered the oath by the Principal, Dr. Anurita Saxena. Addressing the gathering, she appreciated the dedication of the Campus Mitras and described them as the foundation of the institution. She highlighted their role in strengthening college functioning and serving as a vital link between students, teachers and the administration, thereby promoting effective communication and coordination.

Learning Beyond the Classroom: An Educational Visit

The Department of English organised an educational field visit to Bantony Castle and the Himachal State Museum, Shimla, on 10th September 2026. The visit provided students with an opportunity to explore the rich history, art, architecture and cultural heritage of Himachal Pradesh. Students observed the colonial architecture of Bantony Castle and explored the museum's collection of sculptures, paintings, coins, traditional jewellery, handicrafts and other cultural artefacts. The visit was an enriching learning experience that enabled students to connect classroom learning with historical places and objects and develop a deeper appreciation of the cultural heritage of Himachal Pradesh.



Oath Ceremonies/Outreach/Awareness Programmes

HIV/AIDS Awareness and Training Programme

Three students of RKMV—Prakriti Sharma and Muskan Negi (B.Sc. 2nd Year) and Nancy Verma (B.Sc. 1st Year)—attended an HIV/AIDS Awareness and Training Programme on 22nd September 2026, at DDU Zonal Hospital, Shimla. Dr. Vineet Lakhanpal, District Tuberculosis Officer, highlighted the harmful effects of drug abuse and the importance of prevention. Dr. Tahseen, DAPO, Shimla, provided training on HIV/AIDS, including its transmission, symptoms and prevention, while Dr. Vimal Bharti, IGMCM Shimla, also contributed to the programme. Dr. Yashpal Ranta, CMO, Shimla, emphasized awareness and responsible health practices. The students visited the ICTC Centre and were trained as Peer Educators to promote accurate HIV/AIDS awareness and prevention among their fellow students.



An Evening of Lights and Delight at Bantony Castle



The boarders of the Sainik Girls' Hostel and Tribal Hostel, RKMV enjoyed a memorable evening at the Bantony Castle Laser Show on 25th and 26th September 2026, respectively. The visit was organised to provide the students with a refreshing break from their regular academic and hostel routine. All the hostel boarders participated enthusiastically and enjoyed the spectacular laser show, vibrant lights and captivating visual presentations at the historic Bantony Castle. The outing offered the students an opportunity to relax, bond with one another and spend quality time together in a cheerful and positive environment. The visit was warmly appreciated by the hostel boarders, who expressed their happiness and gratitude for the enriching recreational experience. The initiative added a delightful dimension to hostel life while promoting camaraderie, well-being and joyful learning beyond the classroom.

Oath Ceremonies/Outreach/Awareness Programmes

RKMV Students Take De-addiction Pledge

Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Panthaghati, Shimla, organised a De-addiction Pledge Session on 28th September 2026, at RKMV under the Nasha Mukta Bharat Abhiyan for students and staff. The programme aimed to create awareness about the harmful effects of substance abuse and encourage young people to adopt a healthy and value-based lifestyle. BK Sunita, BK Yashpal, BK Durga and BK Shakeena guided the participants on overcoming harmful habits through positive thinking, self-awareness, Rajyoga meditation and strong willpower. The session concluded with students and staff taking a collective pledge to stay away from tobacco, alcohol, drugs and other forms of addiction and contribute towards building a Nasha Mukta Bharat.



RKMV Leads by Example: 38 Units of Blood Donated

RKMV organised a Blood Donation Camp on 29th September 2026 through the joint efforts of the Youth Red Cross, NCC, Red Ribbon Club and Rotaract Club. The camp received an encouraging response, with 62 donors coming forward, resulting in the collection of 38 units of blood. Setting an inspiring example of service and social responsibility, Dr. Anurita Saxena, Principal, RKMV, was the first to donate blood, motivating students and faculty members to participate enthusiastically in the noble cause. The IGMC medical team, comprising Dr. Aastha Pal, Sister Renu, Sister Babita and Nokhram, ensured the safe and smooth conduct of the camp. The initiative reaffirmed RKMV's commitment to fostering compassion, community service and social responsibility among its students.



MoUs

RKMV Strengthens Industry & Academic Partnerships

RKMV continues to expand opportunities for its students through meaningful academic and industry collaborations. On 26th August 2026, the college signed a Memorandum of Understanding (MoU) with the Pune Institute of Business Management (PIBM) for the implementation of the UDDIPAN – Smart Learning and Placement Initiative. The collaboration aims to provide students with enhanced learning opportunities, skill development, industry exposure and better placement prospects. The initiative is expected to bridge the gap between academic learning and professional requirements by equipping students with relevant skills and greater career awareness. The MoU marks another significant step towards strengthening RKMV's commitment to academic excellence, employability and career advancement, while creating new avenues for students to learn, grow and prepare for the professional world.



RKMV Collaborates with Doers, Shimla



Strengthening its commitment to building a resilient and environmentally conscious student community, RKMV entered into a collaboration with Doers, Shimla, on 1st September 2026. The collaboration focuses on technical guidance, institutional cooperation and knowledge sharing in the areas of disaster preparedness and climate resilience. It seeks to provide students with greater exposure to practical knowledge and contemporary challenges related to disasters and climate change. The initiative will facilitate meaningful interaction and learning opportunities, helping students develop a better understanding of disaster management, preparedness and sustainable practices. The collaboration reflects RKMV's continued efforts to connect classroom learning with real-world concerns and to nurture responsible, informed and resilient young citizens.

Add-on/ Value Added Courses

Baking Skills for Entrepreneurship and Self-Reliance

The Department of Home Science successfully conducted a Value Added/Add-on Course on Bakery and Cookery from 25th July to 7th August 2026, aimed at fostering entrepreneurial skills and self-employment opportunities. As a Subject Expert, Mrs. Jyoti Khanna, Professional Baker, visited the department to demonstrate cake and cookie making from 27 to 30 August 2026. A total of 47 students received training in bread making, cakes, pastries, cookies and healthy cookery techniques. Through 30 hours of hands-on training, students gained practical knowledge of nutrition, hygiene and presentation, equipping them with valuable skills for entrepreneurship and self-reliance.



Yoga for Holistic Health: Nurturing Body and Mind



The Department of Physical Education organized a Value Added/Add-On Course, “Yoga for Holistic Health,” from 27th July to 19th August 2026. Coordinated by Dr. Jitender Thakur, Assistant Professor, Department of Physical Education, the course was attended by 27 students. It aimed to promote physical, mental and emotional well-being through awareness and regular practice of yoga. Sessions included yoga asanas, breathing practices, relaxation techniques, flexibility exercises and basic yogic practices, focusing on fitness, posture, concentration and stress management. The programme enhanced students’ practical knowledge and confidence in yoga, encouraging them to adopt regular physical activity and yoga for healthier, balanced and drug-free lifestyles.

Preserving Tradition Through Dance

The Department of Dance, RKMV, Shimla organized a 2-credit Add-on/ Value Added Course on Bollywood and Folk Dance from 27th July to 15th August 2026. Approximately 42 girl students participated enthusiastically in the course. The course focused on Bollywood and Folk dance techniques, rhythm, coordination, expressions, and group choreography. The sessions covered basic dance movements, traditional steps, rhythm, coordination, expressions and performance techniques.



RKMV Celebrates Alumna's Himachali Folk Song Release

Rajkiya Kanya Mahavidyalaya, Shimla, celebrated the release of the Himachali folk song “Thanda Pani Mere Kyaro Ra”, sung by its alumna, Ms. Shalu Dhiman. The song was formally released by the Principal, Dr. Anurita Saxena, who graced the occasion as the Chief Guest. Congratulating Ms. Dhiman, Dr. Saxena lauded her efforts to preserve and promote the rich folk traditions and cultural heritage of Himachal Pradesh through music. She remarked that such achievements by alumni enhance the institution's legacy and inspire present students to pursue excellence while staying connected to their cultural roots.



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