

# Report on Two Days International Conference on

## “Capacity Building and Youth's Perception of Agricultural Entrepreneurship in Himachal Pradesh”

Organized by RKMV Shimla in Collaboration with Shoolini University, Department of Agriculture, and Department of Industries, Himachal Pradesh

Held on: 25–26 March 2025 (Hybrid Mode)

**ICSSR SPONSORED INTERNATIONAL CONFERENCE**  
ON  
**Agricultural Transformation Through Youth Entrepreneurship: Building Capacity for Tomorrow's India**  
Victor Vaidya Bhargava  
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**About Shoolini**  
A young research-based university, Shoolini was founded by leading academicians and professionals with a vision to be a Top 100 global university by 2025. Established in 2008, the Shoolini and associated centers of learning had made great strides towards attaining this vision. It has consistently been ranked among India's top universities in the 2024 NIRF, in one of India's highest governance, progress and innovation and ranked the world's best university in India's survey.

**About RKMV**  
Rajkya Kanya Mahavidyalaya (R.K.M.V.), agricultural university in Himachal Pradesh, is the only P.U. Government college exclusively for girls. Located in Himachal Pradesh, a state of rich history and scenic surroundings. Established in 1973 and taken over by the government in 1977, RKMV has grown from 110 students to over 4000, offering a wide range of courses and degrees. The college emphasizes holistic development, intellectual education, and has a well-developed system in academics, sports, and co-curricular activities. It also provides learning facilities and has a well-equipped library, auditorium, and various extension activities. RKMV continues to uphold its motto, "The Value of Education," striving for excellence and enlightenment.

**About the Conference**  
Himachal Pradesh, characterized by its varied agricultural resources and rich agricultural legacy, has significant opportunities for the next generation of agri-entrepreneurs. Despite the benefits, youth-centric obstacles include financial access, limited resources, market uncertainty, and intergenerational knowledge gaps. The conference seeks to address the impact of climate change on agricultural production, the importance of digital technology in farm practices, strategies for improving agri-entrepreneurship efforts, exploring policy measures, and discussing cooperative models for agricultural entrepreneurship. This would provide a forum for academics, policymakers, and practitioners to discuss challenges and harness the potential of youth in agriculture, hence promoting sustainable development and progress prosperity in Himachal Pradesh.

**Success Stories**  
LIVE A SUCCESSFUL, SUCCESSFUL ENTREPRENEUR.

**Chief Guest**  
Dr. C. Praveen, IAS, Secretary Agriculture

**Organized By**  
Shoolini University, Himachal Pradesh & Rajkya Kanya Mahavidyalaya (RKMV), Himachal Pradesh  
**In Partnership with**  
Department of Agriculture (H.P.) & Department of Industries (H.P.)  
Date: March 25th - 26th, 2025  
Time: Tuesday & Wednesday  
Venue: Pigeon  
Shoolini University, Solan, Himachal Pradesh, India

**Important Dates**  
• Abstract Submission: 15th March, 2025  
• Paper Submission: 20th March, 2025  
• Final Paper Submission: 25th March, 2025  
• Paper Presentation: 26th March, 2025  
• Registration: 25th - 26th March, 2025  
• Publication: 30th March - 01st April, 2025

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**Programme Tracks**  
• AGRICULTURAL ENTREPRENEURSHIP AND INNOVATION  
• CAPACITY BUILDING AND DIGITAL TRANSFORMATION  
• FINANCE AND ECONOMIC SYSTEMS  
• ENTREPRENEURIAL BEHAVIOR AND DEVELOPMENT  
• POLICY AND GOVERNANCE STRATEGIES

**Conference Includes**  
• Invited talks  
• Paper presentations

**Call for Papers**  
This conference seeks you to contribute your original research papers, articles, critical analysis, reviews for the ICSSR sponsored International Conference to be organized on 25th and 26th March 2025. The theme of the international conference is agricultural transformation through youth entrepreneurship building capacity for tomorrow's India. Abstracts are selected in accordance to the conference by selecting their original, unpublished, research work, timely and relevant to what relevant to any other conference/quarterly and the research paper should not be repeated.

**Payment**

| CATEGORY    | REGISTRATION | PER DIEM |
|-------------|--------------|----------|
| Participant | 500/-        | 1000/-   |
| Faculty     | 1000/-       | 2000/-   |

Payment mode: → Bank Transfer/Online Banking  
Bank: State Bank of India  
Branch: Himachal Pradesh  
A/c: 44544000000000000000

*Anvita*  
PRINCIPAL  
Rajkya Kanya Mahavidyalaya  
RKMV Shimla

## 1. Introduction

The International Conference titled “Capacity Building and Youth's Perception of Agricultural Entrepreneurship in Himachal Pradesh” was organized by Rajkiya Kanya Mahavidyalaya (RKMV), Shimla, in academic partnership with Shoolini University, and with the administrative support of the Department of Agriculture and Department of Industries, Government of Himachal Pradesh. This high-impact event was held on 25–26 March 2025, and marked a significant initiative under the broader national mission of Vision Viksit Bharat 2047. The conference was hosted in hybrid mode, allowing active participation from scholars, entrepreneurs, youth, and institutional stakeholders from across India and abroad.

## 2. Inaugural Session

The conference commenced with a formal inaugural session, graced by the presence of Dr. Ravinder Singh Jasrotia, Additional Director, Department of Agriculture, Himachal Pradesh, as the Chief Guest. In his keynote address, Dr. Jasrotia emphasized the critical role of education, technological advancement, and market accessibility in shaping a sustainable and entrepreneurial agricultural sector. He articulated that building capacity among youth and rural communities is essential to align the state's progress with the objectives of Viksit Bharat 2047.

## 3. Themes and Objectives

The primary themes of the conference included:

- Youth perception and attitudes toward agricultural entrepreneurship
- Capacity building through skill development, innovation, and financial literacy
- Integration of traditional agriculture with modern technology
- The role of women and SHGs in agri-based entrepreneurship
- Policy and institutional frameworks to support rural entrepreneurs

**The conference aimed to:**

- Showcase successful agripreneurship models and best practices in Himachal Pradesh.
- Encourage youth participation in agricultural ventures through innovative, tech-enabled strategies.
- Provide networking platforms for young entrepreneurs and policy-makers.
- Promote the vision of sustainable agriculture as a path to self-reliant and inclusive growth.

## 4. Key Highlights

### 4.1. Women-led Entrepreneurship and SHGs

A major segment of the conference was dedicated to rural women entrepreneurs associated with Self Help Groups (SHGs) who have been instrumental in building community-based agribusiness ventures. Their participation exemplified grassroots innovation, resilience, and economic empowerment.

The conference featured product displays and case studies of successful SHG enterprises producing:

  
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- Kangra Tea
- Chamba Chukh (fermented chili paste)
- Himalayan honey
- Cold-pressed oils
- Pickles, barfi, and petha (traditional sweets)
- Aromatic candles and natural perfumes

These enterprises demonstrated how traditional knowledge combined with modern packaging, branding, and marketing can create a viable entrepreneurial ecosystem in rural Himachal.

#### **4.2. Youth-Centric Skill Building and Innovation**

The sessions showcased the potential of technology-driven agriculture such as:

- Agri-tech startups
- Mobile-based advisory services
- Hydroponics and precision farming
- E-commerce for farm produce

Experts underlined the importance of providing youth with training in digital skills, business planning, financial management, and sustainable practices to prepare them for future challenges.

#### **5. Expert Sessions and Academic Presentations**

The conference featured over 20 thematic sessions and research presentations, led by academicians, policy-makers, NGO representatives, and young entrepreneurs. Key discussions revolved around:

- Government schemes for agripreneurship (e.g., RKVY-RAFTAAR, Agri-Clinics & Agri-Business Centres)
- Youth engagement strategies in hill agriculture
- Market linkage strategies and export opportunities
- Climate-resilient agriculture and sustainable value chains

The hybrid format allowed participation from global experts, enriching the conference with international perspectives on youth-led sustainable farming, agricultural innovation, and entrepreneurship education.

#### **6. Outcomes and Resolutions**

The two-day event concluded with a collective commitment to:

- Mainstream agricultural entrepreneurship in higher education curricula, especially in agricultural and allied sciences.
- Create institutional mechanisms for mentoring youth entrepreneurs in agriculture and rural industries.
- Strengthen collaboration between academia, government departments, and local communities to build resilient agricultural value chains.
- Promote inclusive, gender-sensitive policies for supporting rural women entrepreneurs.

The participants unanimously recognized the pivotal role of youth in realizing the Viksit Bharat 2047 vision, particularly through climate-resilient and innovative agri-enterprises.

## 7. Conclusion

The International Conference on Capacity Building and Youth's Perception of Agricultural Entrepreneurship successfully created a vibrant platform for dialogue, knowledge exchange, and strategic planning among stakeholders involved in rural entrepreneurship and sustainable agriculture. The event inspired actionable pathways to empower the youth, modernize traditional agricultural practices, and create a future-ready farming ecosystem in Himachal Pradesh.

### Photo Gallery



*Anujs*  
PRINCIPAL  
Rajya Kshetra Kalyan  
SRKMA Dabra-1



*Anurag*  
PRINCIPAL  
Rajya Kanya Vidyalaya  
SRKMV, Shinda-1



## Objectives

1. Sustainability Awareness: Promote ecological awareness and sustainability practices at individual and community levels.
2. Cultural Integration: Highlight how local cultural practices align with ecological wisdom.
3. Collaborative Learning: Facilitate dialogue among policymakers, educators, and citizens.
4. Action Orientation: Equip participants with tools and practices for ecological responsibility.

## Day 1: Understanding Challenges and Opportunities (*Swayam ko Samajhna*)

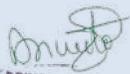
- **Morning Activities:**
  - *Dance like Nature* meditation led by Aadya Kalia and Disha Dhingra.
  - *Plogging activity* with Bidyut Nath emphasized cleanliness and community connection.
  - *Theatre workshop* by Amla Rai on Sustainability

A plogging activity was organized at the Himachal Pradesh Institute of Public Administration (HIPA) under the guidance of Bidyut Nath. The initiative combined fitness with environmental responsibility, promoting cleanliness and fostering a sense of community. Participants, including locals, volunteers, and officials, gathered at HIPA early in the morning. Equipped with gloves and garbage bags, they jogged along designated routes, collecting waste. Bidyut Nath addressed the group, underscoring the importance of reducing litter and adopting eco-friendly habits. The plogging activity led by Bidyut Nath was a commendable effort towards environmental conservation and community engagement.

- **Key Sessions:**
  - Welcoming Ceremony: Lighting of the lamp by dignitaries, including Shri Prabodh Saxena and Dr. Suresh C. Attri.

The international conference organized by HIMCOSTE, EARTHJUST, GIZ, and RKMV Shimla commenced with an inspiring **Welcome address by**

**Dr. Anurita Saxena**, Principal of RKMV Shimla, In her speech, Dr. Saxena emphasized the importance of small, consistent efforts in addressing environmental challenges, stating, **“Chhota chhota badlaw can make a big difference in tackling environmental issues and ensuring sustainability.”** She encouraged participants to adopt eco-friendly practices in their daily lives and highlighted the power of collective action in bringing about meaningful change. Her words set the tone for the conference, fostering a sense of responsibility and optimism among the attendees. The session proceeded with the ceremonial lighting of the lamp, symbolizing knowledge and enlightenment, followed by the rest of the scheduled activities. Dr. Saxena’s message of hope and proactive participation resonated deeply, marking a memorable start to the event.

  
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Rajya Karmaveer Bhawan  
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**Keynote Address:** Shri Prabodh Saxena, Chief Secretary, Govt. of Himachal Pradesh shared a sustainability vision for Himachal Pradesh.

**Mr. Prabodh Saxena, Chief Secretary, Govt. of Himachal Pradesh,** graced the conference as the Chief Guest and Keynote Speaker. His insightful address spanned a wide range of global and local issues, emphasizing the interconnectedness of geopolitical tensions, economic transitions, and environmental challenges.

### **Global Issues Addressed**

#### 1. Geopolitical Concerns

-Gaza and Ukraine Conflicts

**Mr. Saxena** highlighted the humanitarian and environmental toll of the ongoing conflicts in Gaza and Ukraine. He underscored the cascading effects of wars, including resource depletion, displacement, and the global economic disruptions these conflicts cause.

#### 2. **Global Economic Dynamics**

-India's Economic Transition (Pre-1991 and Post-1991):

The speaker elaborated on India's journey from a controlled economic model to liberalization in 1991. He credited the shift for accelerating growth, increasing global integration, and transforming India's economic landscape. However, he stressed the need for equitable development to address persistent disparities.

### **Local Environmental Challenges in Himachal Pradesh**

#### 1. Climate Change Impacts

- Glacier Depletion:

Himachal Pradesh's glaciers, which are important for sustaining the region's rivers and agriculture, are rapidly melting due to global warming. Mr. Saxena called for urgent research and policy measures to mitigate these impacts and safeguard water security.

#### 2. Environmental Awareness

\*Right Teaching Practices\*

The speaker emphasized the need for incorporating environmental education into the curriculum to foster eco-consciousness among young learners. This step is vital to nurture a generation equipped to combat climate change.

### **Socio-Economic Challenges in Himachal Pradesh**

#### 1. Drug Addiction

Drug addiction has emerged as a grave social issue, particularly among the youth. Mr. Saxena stressed the importance of community awareness, rehabilitation programs, and stringent policies to curb this menace.

#### 2. Decline in Fertility Rates

  
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Rajendra Kumar Sharma  
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A noticeable decline in fertility rates in the state poses demographic challenges. He encouraged initiatives to address this issue, including health awareness campaigns and support for families.

Mr. Prabodh Saxena's address underscored the urgency of tackling environmental and socioeconomic issues at both global and local levels and emphasized to **“Think about the problem but come up with small Solutions”** Key recommendations included:

1. Strengthening environmental education to build a sustainable future.
2. Implementing climate-resilient policies to address glacier depletion and other climate change impacts.
3. Expanding rehabilitation and education programs to combat drug addiction.
4. Promoting balanced development to manage fertility rate declines and other demographic challenges.

His visionary insights inspired attendees to actively contribute to addressing these critical issues for a better future.

Following the tea break, parallel sessions facilitated interactive discussions, including a World Café, panel discussions, and open space conversations led by Alpana Taneja, a consultant from EarthJust/Alto Marine, Dubai. A hands-on activity focused on personal impact mapping was conducted by Dr. Anurita Saxena and Mr. Srikant. This was followed by paper presentations in Room No. 1, chaired by Dr. Sudhir Kumar and co-chaired by Ms. Kartik S. M. Chauhan, with Dr. Reenu Devi as rapporteur.

Post-lunch sessions included collaborative engagements such as green storytelling and zero-waste living panels. Additionally, an astronomy session was conducted by Dr. Eszter Jakopánecz from the University of Pecs, Hungary, and Dr. Sam Gibbs, a STEM leader. The day concluded with a Reflection Circle to set personal goals and intentions, chaired by Mr. Rajesh Azad with Mr. Srikant and Ms. Deepali Gupta as co-chairperson and rapporteur, respectively.

Workshops:

- "Hamare Paani Ki Kahani" by Dinesh Sharma explored natural alternatives for household cleaning.
- *Trash Talk* storytelling session encouraged innovative waste management.

Cultural Evening: Himachali songs and traditional dances brought vibrancy to the day's end.

## **Day 2: Strengthening Community Connections (*Samudaya se Sambandh*)**

- Morning Grounding Activities:

- Birdwatching with Kartik Chauhan.
- Meditation and nature walks fostering mindfulness.
- Highlight Panels:
  - Samwaad Cafe: Regenerative futures explored collaboratively with panelists like Amandeep Singh and Chandrika Parmar.
  - Virtual Panel: Global ecological practices discussed by experts like Eszter Jakopáñez and Uri Noy Meir.

The second day opened with TED-style talks on regenerative solutions, delivered by Dr. Sudhir Kumar, Professor at JUIT, Wagnaghat. Mr. Abhishek Taneja chaired the session, assisted by Dr. Jyoti Pandey and Dr. Ritu Sharma. Parallel sessions followed, focusing on deep dives into education and sustainable fashion, led by Sumeet Sandhu, Co-Founder of GEN BHARAT Global Eco Village. A biomimicry and design thinking workshop was then facilitated by Ms. Shruti Taneja. Paper presentations took place in Room No. 1, chaired by Dr. Hemant Sood, with Mr. Rajesh Azad and Dr. Ritu Sharma as co-chairperson and rapporteur, respectively. Afternoon sessions featured a Solution Studio addressing sustainability in agriculture, waste management, and fashion, spearheaded by Dr. Hemant Sood. The session was chaired by Ms. Kartik S. M. Chauhan with Ms. Kiran Bala Sharma and Mr. Amit Sharma as co-chair and rapporteur. The day ended with a collaborative dialogue on scaling sustainable solutions, led by Shalini Sarin, a Board Director and CXO Coach, chaired by Ms. Shruti Taneja, with Ms. Deepali Gupta and Ms. Shivani Sood assisting.

- Practical Sessions:
  - Composting workshops showcased circular economy principles.
  - "Our Consumption Impact Mapping" by Anveshi Gutta educated participants about ecological footprints.
- Evening Fun: A preloved fashion show and antakshari highlighted sustainable consumption in a creative way.

### **Day 3: Collaborating for Societal Commitment (*Samaaj ke liye Sankalp*)**

The final day commenced with an opening session on Nature-Inspired Innovation, delivered by Sushama Oza, Ex-CEO of Adani Foundation. The session was chaired by Kartik S. M. Chauhan with Mr. Rajesh Azad and Dr. Ritu Sharma. A bio-mimicry workshop on designing with nature was facilitated by Chandrika Parmar, Associate Professor at SPJIMR, Mumbai, followed by a final prototyping session led by Amala Rai, a theatre educator from Mumbai. The afternoon was dedicated to prototype presentations by Manisha Arya, a team member of EarthJust/COP29. The session was chaired by Mr. Abhishek Taneja, with Dr. Meena Kumari and Dr. Arvind Paul as co-chair and rapporteur. The event concluded with a Reflection Circle focusing on final commitments, led by Daksh Sharma, Director - Corporate Channel at MakeMyTrip, and chaired by Dr. Surinder Sharma with Ms. Deepali Gupta and Ms. Shivani Sood.

- Visioning for the Future:

  
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 Raja Pratap Singh  
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- Collective imagination exercises facilitated by Manik Dhingra and Shruti Taneja focused on bold sustainability goals.
- Workshops:
  - *My Satat Idea* encouraged prototyping solutions inspired by nature.
  - *Collaborative Networks* enabled participants to build sustainability-focused alliances.
- Closing Ceremony:
  - Participants pledged individual and community actions for sustainability.
  - Reflections shared by facilitators like Dr. Anurita Saxena rounded off the event.

## Outcomes

1. Community Engagement: Enhanced awareness and responsibility among attendees.
2. Action Plans: Participants left with concrete sustainability initiatives for their regions.
3. Cultural Revival: Integration of traditional ecological knowledge into modern practices.
4. Networking Opportunities: Strengthened connections between policymakers, educators, and citizens.

## Conclusion

Satat Sammellan 2024 exemplified how collaborations between academic institutions, government bodies, and local communities can foster meaningful sustainability initiatives. By integrating ecological awareness with cultural values, the event laid a foundation for continuous engagement and impactful actions.

## Photo Gallery

### Day 1





Day 2



Day 3



*Anurag*  
PRINCIPAL  
Raja Pratap Singh  
S.RKMV. Dhalga-1

# One-Week Faculty Development Programme

On

**“Swadhyaya: A Journey to Fulfillment and Purpose”**

**21st – 26th April 2025**

The Internal Quality Assurance Cell (IQAC) of Rajmata Krishna Kumari Vidyalaya (RKMV), Shimla, successfully organized a One-Week Faculty Development Programme (FDP) on the theme “Swadhyaya: A Journey to Fulfillment and Purpose” from 21st to 26th April 2025. The programme was conceptualized under the broader framework of the Indian Knowledge System (IKS) with the objective of fostering self-awareness, introspection, and holistic personal and professional development among participants.

## **Inaugural Session**

The FDP was formally inaugurated by the Principal of the College, Dr. Anurita Saxena, who warmly welcomed the resource persons and participants. In her inaugural address, Dr. Saxena emphasized the relevance of *Swadhyaya* in contemporary times, highlighting the growing disconnect between material success and inner fulfillment. She expressed hope that the programme would offer a transformative and enriching journey toward self-realization, mindful living, and purposeful engagement in both personal and professional spheres.

Resource Persons

## **The FDP was facilitated by:**

- **Mr. Saurabh Mittal**
- **Ms. Preeti Mann from QYON – Question Your Own Notions**

The facilitators brought a reflective, experiential, and interactive approach to the programme, aligning ancient Indian wisdom with modern-day challenges.

## **Theme and Conceptual Framework**

The central theme of the FDP, *Swadhyaya*—a profound concept rooted in Indian philosophy—was explored as a continuous process of self-study, self-reflection, and self-transformation. The facilitators emphasized that in the present mechanical and fast-paced world, individuals often equate happiness with financial achievement and external validation. This mindset, they noted, leads to alienation not only from others but also from one’s authentic self.

Participants were encouraged to question their internal narratives, examine deeply ingrained beliefs, and recognize how personal notions shape thoughts, choices, and life outcomes. The journey of *Swadhyaya* was thus presented as a meaningful pathway to rediscovering purpose and inner balance.

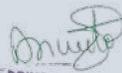
## **Programme Design and Methodology**

The sessions were highly interactive and experiential, combining:

- Guided discussions
- Thought experiments
- Reflective exercises
- Collaborative activities

Participants were invited to critically examine:

- The origin of their beliefs and notions
- The process of identifying with certain ideas and labels

  
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Rajmata Krishna Kumari Vidyalaya  
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- The impact of unexamined assumptions on personal and professional life

This approach led to vibrant discussions and deep introspection, creating a safe and reflective learning environment.

### **Key Areas of Discussion**

The FDP covered a wide range of interconnected themes, including:

- Concept of happiness and its true meaning
- Acceptance and gratitude as tools for emotional well-being
- Relationship between thoughts, desires, goals, and life purpose
- The role of empathy, kindness, and active listening in building strong and supportive relationships
- Importance of self-awareness in teaching, administration, and interpersonal interactions

### **Collaborative and Inclusive Participation**

A unique feature of the FDP was the inclusive participation of:

- Teaching staff
- Non-teaching staff
- Students of the college

Through teamwork-based activities focusing on trust, cooperation, and mutual support, the programme fostered a sense of community and shared learning across different stakeholders of the institution.

### **Key Takeaways and Outcomes**

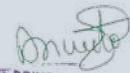
One of the most significant outcomes of the FDP was the realization of the alignment between “being” and “doing.” Participants reflected on how internal clarity and self-awareness directly influence external actions and professional responsibilities.

The FDP inspired participants to:

- Adopt a more reflective and mindful approach to life
- Cultivate empathy and active listening in daily interactions
- Re-evaluate personal goals in alignment with inner values
- Strive for a harmonious balance between personal fulfillment and professional excellence

### **Conclusion**

The One-Week FDP on “Swadhyaya: A Journey to Fulfillment and Purpose” proved to be a deeply enriching and transformative experience. It reaffirmed the relevance of the Indian Knowledge System in addressing contemporary challenges related to stress, purpose, and human relationships. The programme successfully empowered participants to embark on a journey of continuous self-inquiry, fostering personal growth, emotional resilience, and purposeful living. The IQAC, RKMV Shimla, remains committed to organizing such reflective and value-based programmes that contribute to holistic development and quality enhancement in higher education.

  
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Rajkiya Kanya Mahavidyalaya  
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# **RULE BOOK TO REAL WORLD: PRACTICAL INSIGHTS FOR HP GOVERNMENT EMPLOYEES**

## **FACULTY DEVELOPMENT PROGRAM (FDP)**

**Organized by IQAC, RKMV Shimla 16-6-2025 to 21-06-2025**

The **Internal Quality Assurance Cell (IQAC), RKMV Shimla**, successfully organized a **week-long Faculty Development Program (FDP)** titled “**Rule Book to Real World: Practical Insights for HP Government Employees**” with the objective of enhancing the administrative, financial, and service-related awareness of faculty and staff. The FDP witnessed the enthusiastic participation of **around 70 teaching and non-teaching staff members** from RKMV Shimla and neighbouring colleges, reflecting the relevance and practical importance of the theme.

The primary aim of the FDP was to bridge the gap between **theoretical knowledge of service rules** and their **practical application in day-to-day government service**, thereby empowering employees to function efficiently, confidently, and in compliance with established norms.

### ***KEY THEMES AND ACADEMIC SESSIONS***

The FDP covered a wide range of **essential service and administrative topics**, including:

- **Conduct Rules** and ethical responsibilities of government employees
- **Fundamental Rules (FR) and Supplementary Rules (SR)** governing service conditions
- **Leave Rules** and their correct application
- **Financial Rules** related to government expenditure and accountability
- **Right to Information (RTI) Act, 2005** and its implications for transparency
- **Pay Fixation, Pension, and Gratuity Rules**

The sessions were conducted by **esteemed and experienced resource persons**, namely:

- **Sh. Gian Chand Rayta**
- **Sh. Bharat Bhushan**
- **Sh. Dinesh Kumar Sharma**
- **Sh. Gopal Sanghaik**
- **Sh. Naresh Kumar**

The resource persons enriched the sessions by **linking statutory rules with real-life workplace situations**, sharing case studies, practical examples, and common procedural challenges faced by government employees. Their expertise helped participants gain clarity on complex service rules and avoid administrative errors.

### ***INTERACTIVE AND PRACTICAL LEARNING APPROACH***

The **post-lunch sessions** were designed to be **highly interactive and application-oriented**. These sessions included:

- Open discussions and **doubt-clearing forums**
- **Library consultations** for hands-on reference to official rule books

  
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Rajesh Prakash  
Rajesh Prakash  
RKMV Shimla-1

- **Practical exercises** on calculation of pay fixation, pension, and gratuity
- Scenario-based problem solving to simulate real administrative situations

This participatory approach ensured active engagement and enhanced the practical understanding of participants.

### ***PRINCIPAL'S ADDRESS***

In her concluding address, **Dr. Anurita Saxena, Principal, RKMV Shimla**, emphasized that a thorough understanding of service rules is fundamental for **empowered service delivery, transparency, and smooth governance**. She highlighted that informed employees are better equipped to uphold ethical standards, avoid procedural lapses, and contribute positively to institutional efficiency. She appreciated the efforts of IQAC and the resource persons for organizing such a meaningful and capacity-building program.

### ***OUTCOME OF THE FDP***

The FDP successfully:

- Enhanced awareness of service rules among teaching and non-teaching staff
- Improved confidence in handling administrative and financial matters
- Promoted rule-based, transparent, and accountable work culture
- Strengthened professional competence and institutional governance

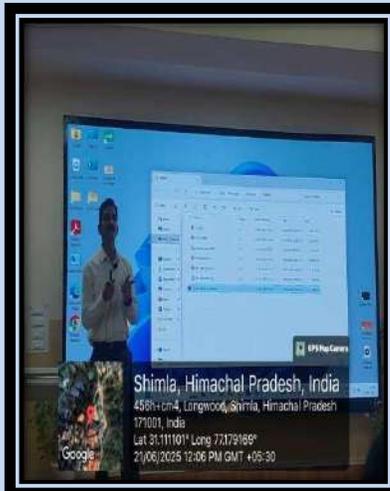
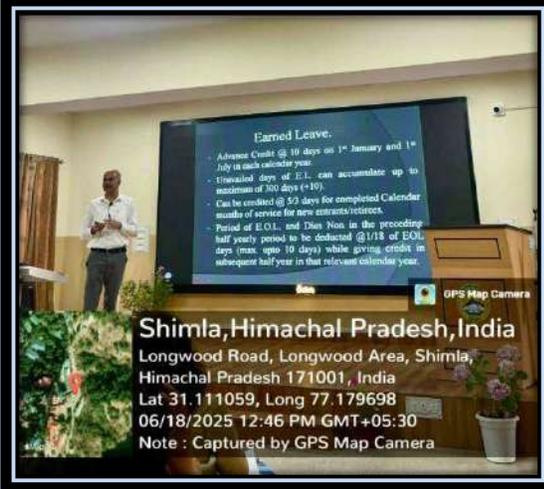
### ***CONCLUSION***

The FDP **“Rule Book to Real World: Practical Insights for HP Government Employees”** proved to be a highly beneficial initiative that translated statutory provisions into practical knowledge. By combining expert guidance with interactive learning, the program significantly contributed to the professional development of government employees and reinforced RKMV Shimla’s commitment to quality, transparency, and good governance.

### **Photo Gallery**



*Anurita*  
**PRINCIPAL**  
 RKMV Shimla  
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*Anuska*  
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 Rajkiya Kanya Mahavidyalaya  
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**ONE WEEK**

**INTERNATIONAL FACULTY TRAINING**

**AND**

**DEVELOPMENT PROGRAM**

**on**

**“PROJECT BASED**

**TEACHING AND LEARNING”**

**by**

**RAJKIYA KANYA MAHAVIDYALAYA**

**SHIMLA**

**in collaboration with**

**PENNSYLVANIA STATE UNIVERSITY, USA**



**DATED: DECEMBER 08TH TO DECEMBER 14TH, 2024.**

**VENUE: RAJKIYA KANYA MAHAVIDYALAYA (RKMV),**

**SHIMLA, HIMACHAL PRADESH-171001**

**ORGANIZING SECRETARIES**

**Dr. Ritu Sharma**

**Dr. Munish Sharma**

**CHIEF PATRON**

**Dr. Anurita Saxena**

  
Principal  
Rajkiya Kanya Mahavidyalaya  
Shimla-171001

**A REPORT ON THE INTERNATIONAL FACULTY TRAINING AND DEVELOPMENT  
PROGRAM ON  
“PROJECT BASED TEACHING AND LEARNING”**

RKMV organized a one-week International Faculty Training and Development Program on „Project Based Teaching and Learning” in collaboration with Pennsylvania State University, Lehigh Valley, USA, from 8<sup>th</sup> to 14<sup>th</sup> December 2024.

This program aimed at fostering the global exchange of knowledge, skill development, and



research collaboration between students, faculty members and policy makers. It also highlighted the transformative power of project-based teaching and learning (PBT) in preparing students for real-world challenges by connecting classroom theory with practical application.

**RAJKIYA KANYA MAHAVIDYALAYA, INDIA**



**PENNSYLVANIA STATE UNIVERSITY, USA**

## DAY 1

08.12.2024

Dr. Anurita Saxena, Principal, RKMV welcomed the team from Pennsylvania State University (PSU), USA to RKMV.

Prof. Maung Min, Associate Teaching Professor and Director of Business Programs, PSU outlined the agenda and shared the expected outcomes of the program.

A brief of the daily plan for the various sessions was presented by Dr. Subhadra Ganguli, Assistant Professor of Business, PSU.

Prof Marc Capofari, Lecturer, Business and Program Coordinator of Project & Supply Chain Management, PSU, conducted a session on PBL: Overview Concepts and Applications.

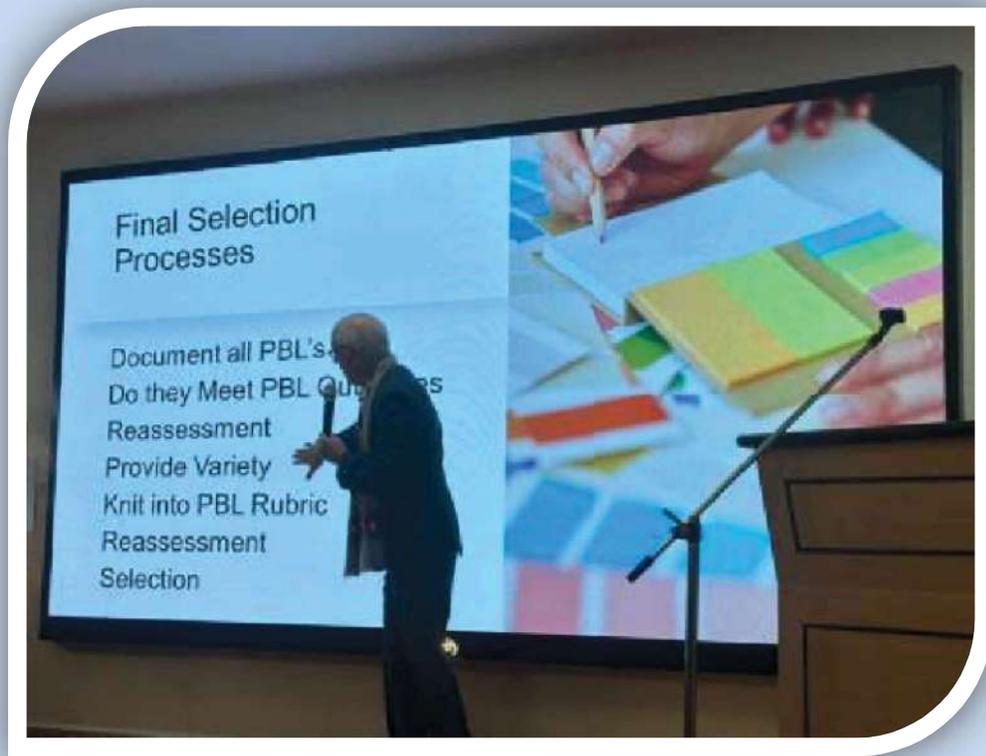
Dr. Subhadra Ganguli then expanded on these ideas with a presentation on PBL project applications.

Dr, Vasu Singh, MD, Advisor to India Collaboration Programme, PSU outlined the importance of such international collaboration in overall growth and development of students.

Thereafter, the floor was opened for a question-and-answer session, wherein teachers and students clarified various doubts and queries about PBL.



*Anurita Saxena*  
PRINCIPAL  
Rajya Kanya Mahavidyalaya  
RKMV, Shilpa-1



## DAY 2

09.12.2024

### Pre-Lunch Session

The formal inaugural session of the FDP commenced on 09<sup>th</sup> December, in which Sh. Rohit Thakur, Hon<sup>ble</sup> Education Minister of HP was the Chief Guest. The esteemed Trainers in the FDP, Prof. Maung Min, Prof. Mark Capofari, Dr. Subhadra Ganguli, and Dr. Vasu Singh also graced the occasion. The Chief Guest, Sh. Rohit Thakur applauded the college for its collaboration with a foreign university as it would provide exposure to young minds to strive for brilliance in higher education. While stressing on collaborations he also underlined the government's sincerity in encouraging such pursuits. The PBL Program supporting the goal of "Internationalization at Home" (as envisioned in NEP 2020) brings together the collaborators, RKMV and PSU (MOU partners), for preparing students to connect classroom theory with practical applications.

### Post-Lunch Session

The second session of the program started with a lecture by Dr. Maung Min on the topic "Team." This was followed by a lecture by Dr. Subhadra Ganguli on the Application of Project Based Learning Project. She highlighted the importance of the role of each group member and that of the champion of the group, who has to clearly share the project agenda with group members. Thereafter, a brief outline of the Capstone Projects to be developed was discussed with the students by the PSU trainers.



*Anurag*  
PRINCIPAL  
Rajkiya Kanya Mahavidyalaya  
Shimla



*Anurag*  
PRINCIPAL  
Rajendra Prasad College  
RKMV Shimla



**DAY 3**  
**10.12.2024**

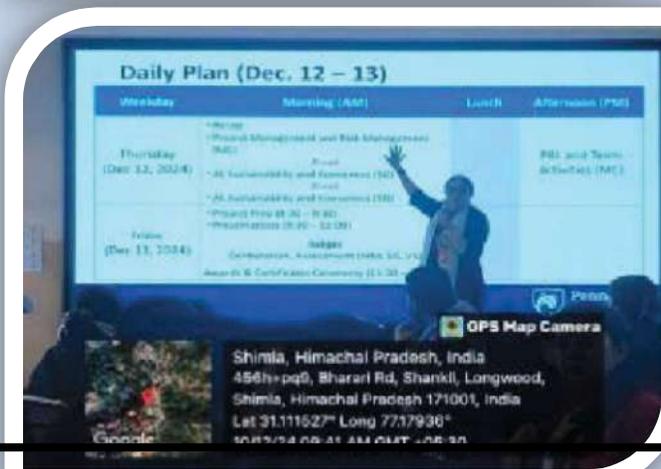
**Pre-Lunch Session**

Prof. Maung Min discussed the concept of management. He emphasized on the key functions of management i.e. Planning, Organising, Leading and Controlling (POLC). Prof. Mark Capofari explained how one would go about the problem-based learning process to complete their respective PBL projects in coming days.

**Post-Lunch Session**

Dr. Subhadra Ganguli conducted a survey and discussion activity using Padlet. The session was very interactive and involved intensive discussions, new ideas and active participation of all teams. The session ended with review of the PBL process to guide the teams to work on respective projects.

In the evening, to showcase the culture of Himachal Pradesh, the students of the department of Dance performed a Nati. The PSU faculty graciously joined the students along with the RKMV faculty and danced to the rhythm of Nati.



*Anu*  
PRINCIPAL  
Rajendra Prasad  
RKMV Shimla



*Principals*  
PRINCIPAL  
Rajesh Kumar  
S.RKMV Durgam  
Durgam



*Principals*  
PRINCIPAL  
Rajesh Kumar  
S.RKMV Durgam-1

## DAY 4

11.12.2024

### Pre- Lunch Session

Prof. Maung Min reviewed the Project-Based Learning (PBL) process. This was followed by a presentation by Dr. Mark Capofari on marketing, focusing on the 4 Ps—Product, Price, Place, and Promotion. Thereafter, Prof. Maung Min explained about sustainability, emphasizing the United Nations Sustainable Development Goals (SDGs). The session concluded with insights on business ethics, underlining its importance in effective and ethical management.

### Post-Lunch Session

Prof. Capofari delivered a lecture on Supply Chain Management, addressing industry challenges and presenting innovative strategies for optimization. Using real-world examples, he emphasized on agility and sustainability in modern supply chains. Dr. Shubadra gave an overview on Artificial Intelligence (AI), covering key concepts such as machine learning, natural language processing, and computer vision. The participants also engaged in a hands-on activity applying AI tools to real-world problems. Thereafter, a collaborative team activity was taken up where participants, guided by Prof. Capofari and Dr. Shubadra, shared updates on their PBL projects, addressed challenges, and received constructive feedback.



*Anurag*  
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Rajya Pratihara  
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**DAY 5**

**12.12.24**

**Pre-Lunch Session**

Prof. Mark Capofori, gave a lecture on Project Management. He emphasized that projects are temporary and also shared his views regarding hard skills and soft skills needed for project management. Thereafter, Dr. Subhadra Ganguli delivered a lecture on the topic “Demand.” She started her lecture with Sustainable Development goals associated with the Business ideas of Students. The participants of conference gave presentations on their different Business ideas. The business ideas related to Sustainable Development Goals given by the students were Green Stitch, Pink Cafe, Style and Stone, Dhamghar, Skinthesis, Himkala, Theping etc. Prof. Mark Capofori also delivered a lecture on Risk Management.

**Post Lunch Session**

Prof. Mark Capofari, spoke on Public speaking skills. He said that public speaking is a vital skill in personal, professional, and academic settings. He explained that an effective speaker must engage the audience by maintaining eye contact, adjusting tone and pace, and asking rhetorical questions. Thereafter the 6 group of students engaged in preparing their projects.



*Anurag*  
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Rajendra Khanna  
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*Principal*  
 PRINCIPAL  
 Rajendra Kishore  
 S. RKV, Shimla-1

## DAY 6

13.12.2024

### Pre-Lunch Session

All six teams were given one hour for the final preparation and discussion on their Capstone Projects. Finally, all six teams were ready to showcase their learnings with their final PBL presentations. Dr. Muang Min explained the rules of the final PBL Project presentation. A brief walk through of the Final PBL presentations is as under:

#### **Team 1:"Apple Arc"**

To solve problem of apple growers of Himachal Pradesh and study issues related to marketing and also take business globally.SDGs addressed: 1, 5, 8, 9, 11, 17

#### **Team 4:"Financial Inclusion of people residing in Himachal Pradesh"**

To increase access to banking services in rural areas and solve the problem of Financial Inclusion by organizing Financial Literacy programs.SDGs addressed: 1, 4, 8

#### **Team 3:"Sustainable Future"**

To minimize chemical fertilizers usage and promote organic farming. SDGs addressed: 2, 3, 8, 12, 15

#### **Team 5:"Cafe Theping" The Eco-Contributor**

To overcome threat to tribal heritage by showcasing local tradition, serving local food, culinary and handicrafts by adopting sustainable practices.SDGs addressed: 2, 3, 8

#### **Team 6:"Green Stitch"**

To reduce clothing waste that adds to the landfills and harms environment by developing cloth banks, recycling cloth waste by designing cushions and other eco-friendly products using sustainable practices.SDGs addressed: 5, 12, 13

#### **Team 2:"Traffic congestion near RKMV"**

To solve the problem of traffic halts using smart traffic solutions, display of hoardings, and spreading awareness through campaigns.SDGs addressed: 3, 13, 17

### Post-Lunch Session

The Principal RKMV, Dr. Anurita Saxena thanked the PSU team and appreciated the efforts put in by all the teams. Dr. Muang Min congratulated RKMV and all stakeholders for working together as a team and creating wonderful presentations in a short period of time.Prof Capofari appreciated the passion of faculty and students and wished them all the best in their personal and professional lives.Dr. Ganguli also cherished the time spent at RKMV. She also focused on the importance of determination and passion in life and wished the students success for future.

  
PRINCIPAL  
Rajya Kanya  
S'RKMV, Ghazala-1

Certificates were awarded to all the students who were part of the PBL Project.

Finally, the results of the PBL Projects were announced. The first prize was bagged by Team 5 (Cafe Theping: The Eco-Contributor). Team 6 (Green Stitch) got the second prize whereas Team 3 (Sustainable Future) came third. The trainers and the Principal congratulated the winners as well as the other teams for their efforts and hard work.

Overall it was a great experience for all the students and teachers from RKMV as they got an opportunity to work closely with the team from PSU, USA and gain international exposure.



*Anurag*  
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Rajkiya Kanya Mahavidyalaya  
Shimla-1



*Principal*  
PRINCIPAL  
Rajkiya Kanya Mahavidyalaya  
RKMV Shimla-1



*Anurag*  
PRINCIPAL  
Rajkiya Kanya Mahavidyalaya  
RKMV Shimla-1

## DAY 7

14.12.2024

The faculty members from PSU were taken for an excursion to places of historical importance in and around Shimla. The team visited Jakhu hills, Bantony Castle, Indian Institute of Advanced Studies, The Ridge. The team members greatly appreciated the rich cultural heritage of Himachal Pradesh.



*Anurag*  
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Rajendra Khera  
S'RKIMV Shimla-1

## STUDENTS' FEEDBACK

### TEAM 3

Dear PSU Team,

We would like to express our heartfelt gratitude for the incredible learning experience provided during the recent 7-day program. This event was truly outstanding and we found it to be both eye-opening and intellectually stimulating.

Throughout these five days, we had an engaging and heartfelt experience that inspired us deeply. The teaching style, which emphasized problem-based learning and brainstorming, made complex concepts such as supply chain, business, sustainability, artificial intelligence (AI), management, risk management, micro and macro economics accessible and engaging. We particularly appreciated the brainstorming sessions where we developed our business concepts from scratch. Engaging in discussions about real-world problems and solutions provided valuable insights that enhanced our understanding of practical applications.

Your enthusiasm, patience and clarity in explaining intricate topics created a supportive and inclusive learning environment. The way you encouraged critical thinking, collaboration, and creativity helped us develop a deeper understanding of the subject matter and its practical implications. We were inspired by your ability to make learning enjoyable and meaningful.

Moreover, we greatly valued the emphasis on teamwork throughout the program. The collaborative spirit among team members and the enthusiasm during our presentations made for a truly enjoyable experience. The interactive nature of the sessions fostered a friendly atmosphere where all three professors felt more like friends than instructors, making the learning process both memorable and engaging.

The introduction to supply chain management was especially enlightening for many of us who had little prior knowledge in this area. Learning about supply management, project management, risk management, sustainability, ethics, and the use of AI tools significantly expanded our knowledge base. We were presented with real-world scenarios that required us to apply knowledge from various disciplines, which forced us to think critically and analyse information collaboratively with peers from different backgrounds.

The experts were incredibly supportive and challenged us to think beyond conventional solutions. We were encouraged to question assumptions, explore multiple perspectives, and develop innovative strategies. One of the most valuable aspects of PBL was the emphasis on teamwork, we learned to leverage each other's strengths and work together towards common goals. This collaborative approach not only enhanced our academic skills but also fostered interpersonal relationships that will benefit us in future endeavors.

  
PRINCIPAL  
Rajesh Prasad  
SIRKMV, Shirdi-1

By the end of the Learning Program, we felt empowered and equipped with new skills that will serve us well in our careers. This experience has not only expanded our knowledge but also instilled in us a passion for lifelong learning. We feel fortunate to have had the opportunity to learn from such exceptional tutors, whose dedication to teaching is evident in every session. We are confident that the knowledge gained will have a lasting impact on us.

Once again, thank you for this incredible opportunity.

Tanya Verma  
Renuka Sharma  
Viplove  
Samriti  
Mehak Sharma



PRINCIPAL  
Rajya Kanya Vidyalaya  
S. RKMV, Ghanta-1

## TEAM 5

As rightly said, "In diversity, there is beauty and strength, and global collaborations bring both to education." One such remarkable opportunity was brought to us by our honorable principal, where we had the chance to collaborate with Penn State University, Lehigh Valley, USA. This 7- day workshop brought together 30 students divided into six teams, each assigned to a mentor from our faculty. Ours was team 5 which consisted of Pritha Gautam, Sunidhi Bhandari, Kusum, Vanshita Saini and Varnika Gupta with Dr. Ritu Sharma as our mentor. The workshop was led by three distinguished trainers from PSU—Dr. Maung Min (Assistant Professor), Dr. Shubhadra Ganguly (Assistant Professor), and Mr. Mark Capofari (Lecturer)—who guided us through topics like sustainability, ethics, economics, supply chain management, and artificial intelligence.

The workshop began with an interactive introduction by the trainers, where they shared their identities and passions, setting the stage for a personal and engaging learning experience. Their unique approach encouraged us to participate actively and connect with them on a deeper level. The workshop was officially inaugurated by Himachal Pradesh's Education Minister, Mr. Rohit Thakur, who highlighted the significance of such international collaborations. The day ended with fun activities like building paper towers by the faculty and brainstorming sustainable business ideas, setting an exciting tone for the days ahead.

On the second day, we started by introducing the person sitting next to us—a fun exercise that helped us bond with our peers. Dr. Maung Min introduced the key functions of management—planning, organizing, leading, and controlling (POLC)—while also emphasizing the qualities of effective managers and leaders. Prof. Mark Capofari introduced the problem-based learning approach, which we would use for our capstone projects. In the evening, Dr. Shubhadra Ganguly conducted an interactive session on Padlet, where we discussed our dream businesses and explored their feasibility. Our team conceptualized Theping: The Eco Contributor, a tribal- themed café inspired by the Kinnaura tribe's culture, which is slowly fading due to modernization.

The following days were packed with learning. Dr. Maung Min assigned different companies like Nike, Toyota, and Unilever, etc. to each team to study their sustainability practices. Prof. Capofari expanded on supply chain management, guiding us to analyze how these companies optimized their supply chains. Dr. Ganguly introduced us to sustainable development goals (SDGs) and artificial intelligence, asking us to align our business ideas with relevant SDGs using AI tools. These exercises helped us refine our concept of Theping by integrating eco-friendly methods and organic resources while promoting the rich heritage of Himachal Pradesh.

As the project progressed, we faced challenges like managing time, delegating tasks, and resolving conflicts. To streamline our work, we divided responsibilities: Pritha led the group, Sunidhi documented notes, Varnika and Vanshita handled research, and Kusum compiled the

  
PRINCIPAL  
Rajendra Prasad  
SRKMV Shimla-1

final presentation. This structure taught us the importance of teamwork and effective communication.

In the final days, we refined our capstone project with guidance from the trainers. Prof. Capofari shared tips on stage presence and impactful presentations, ensuring we were well-prepared for the big day. Our project, Cafe Theping: The Eco Contributor, aimed to address the threat of modernization to tribal heritage. It proposed a café that celebrates tribal culture while adopting sustainable practices, like using traditional materials, organic farming, and a QR-scanner-based digital menu which would help us provide an eco friendly approach.

On the final day, all six teams presented their projects to a panel of all three trainers as judges. The originality of our concept, combined with its alignment to global sustainability goals, impressed the judges immensely. Our team won the competition and secured the first position among all, a moment of pride and validation for our hard work and creativity and a will to turn this dream project into a future reality with the support and guidance of our mentors.

This workshop not only enhanced our knowledge but also instilled confidence, creativity, and global understanding. The experience was more than just an academically achievement; it was a stepping stone towards understanding the complexities of entrepreneurship in a globalized world. The collaboration between PSU and RKMV exemplified how education, enriched by diversity and global exposure, empowers students to become change-makers. Winning the competition was a cherry on top, but the true reward was the transformative journey of learning, teamwork, and innovation that we will cherish forever.



PRINCIPAL  
Rajesh Prasad  
RKMV, Shirgaon

## MEDIA COVERAGE OF THE PROGRAM



  
 PRINCIPAL  
 Rajiva Kanya Mahavidyalaya  
 SRKMA Shimla-1

# BROCHURE OF THE PROGRAM

## ABOUT THE ORGANISERS



Rajkiya Kanya Mahavidyalaya (RKMV), Shimla, a B+ grade NAAC institution and a "College with Potential for Excellence", is Himachal Pradesh's only government college for girls. Nestled on Khyasim Hill, it has been a premier educational hub for over eight decades, shaping the lives of thousands of students. With over 4,000 young minds returned annually, RKMV is known for its focus on holistic development, fostering self-esteem, confidence, and independent thinking.

RAJKIYA KANYA MAHAVIDYALAYA (RKMV), SHIMLA,  
HIMACHAL PRADESH, INDIA



The Pennsylvania State University Green State is a public land-grant research university with campuses across Pennsylvania, USA. Founded in 1800 at the Kutztown High School of Pennsylvania, it became the state's first land-grant university in 1863. Its main campus, Penn State University Park, is in State College and College township. Penn State holds land-grant, sea-grant, space-grant, and air-grant designations, making it one of only six such universities.

PENNSYLVANIA STATE UNIVERSITY, USA

## Chief Patron



Dr. Anurita Saxena  
Principal, RKMV

## Organising secretaries

Dr. Ritu Sharma  
Dr. Munish Sharma

## Joint Secretary

Dr. Ishita Chauhan

## Organising committee

Ms. Kartik S.M. Chauhan  
Dr. Vikrant Thakur  
Ms. Shivani Sood  
Dr. Nishtha  
Ms. Harsha Kumari  
Dr. Jyoti Pandey  
Ms. Kavita Dhiman  
Mr. Srikant Sharma  
Ms. Sheetal Charbathia  
Ms. Nivedita Chauhan



RAJKIYA KANYA MAHAVIDYALAYA  
SHIMLA

organizes

ONE WEEK  
INTERNATIONAL FACULTY TRAINING  
AND  
DEVELOPMENT PROGRAM

ON

"PROJECT BASED  
TEACHING AND LEARNING"

in collaboration with



PENNSYLVANIA STATE UNIVERSITY, USA

MODE OFFLINE

DATED: DECEMBER 04TH TO DECEMBER 14TH, 2024.

VENUE: RAJKIYA KANYA MAHAVIDYALAYA (RKMV), SHIMLA,  
HIMACHAL PRADESH-7000

## ABOUT THE PROGRAM

The International Faculty Training and Development Program brings together Rajkiya Kanya Mahavidyalaya (RKMV), Shimla, Himachal Pradesh, India and Pennsylvania State University, USA and is aimed at fostering the global exchange of knowledge, skill development, and research collaboration between students, teachers, faculty members and policy makers. The event promises to provide a holistic experience, focusing on cutting-edge teaching methodologies, student engagement, research practices, and innovative educational techniques.

## PROGRAM THEME

The program highlights the transformative power of project-based teaching and learning (PBT/L) in preparing students for real-world challenges by connecting classroom theory with practical application. It underscores the role of PBT/L in developing critical thinking, problem-solving, and collaborative skills that are essential in today's interconnected world. The program also aims to bring together educators, researchers, and practitioners to explore innovative methods, share insights, and discuss strategies for effectively implementing project-based approaches across diverse educational settings.

International research collaboration is widely advocated in places of higher learning. Fostering international partnerships/collaborations is necessary for universities and colleges in our increasingly interconnected academic world. These collaborations extend beyond sharing of resources; worldwide, international collaborations support the goal of "internationalization at home," as envisioned in NEP-2020, to address diverse global concerns and enable higher education institutions (HEIs) to exchange ideas, cultures, and perspectives. One of the measures for internationalization, as suggested in NEP-2020, is academic and research collaborations through MoUs between HEIs and Foreign Universities.

## SCHEDULE

Day 1: 04th December, 2024  
PBT Interaction with RKMV faculty and students  
Registration: Ms. Srilata Sharma

Day 2: 05th December, 2024  
Train-the-Trainers Programme  
Morning session: Curriculum and Applications of PBT project  
Registration: Ms. Srilata Sharma  
Evening session: Application of Team Based work in HEI projects, PBL Case Disposition  
Registration: Dr. Jyoti Pandey

Day 3: 10th December, 2024  
Project Based Learning  
Morning session: Pedagogical Strategies, Management  
Registration: Ms. Kavita Dhiman  
Evening session: Micro-teaching, Sustainability, Team Activities  
Registration: Ms. Sheetal Charbathia

Day 4: 13th December, 2024  
Project Based Learning  
Morning session: Pedagogical Strategies, Ethics, Marketing  
Registration: Ms. Srilata Sharma  
Evening session: Supply Chain Management, Microeconomics, Risk Management, Team Activities  
Registration: Ms. Srilata Sharma

Day 5: 16th December, 2024  
Project Based Learning  
Morning session: Ethics, Stress and Management  
Registration: Dr. Jyoti Pandey  
Evening session: Assessment Discussion  
Registration: Ms. Kavita Dhiman

Day 6: 18th December, 2024  
Project Based Learning  
Morning session: Project Preparations  
Registration: Ms. Sheetal Charbathia  
Evening session: Voluntary Service/Charity/Research  
Registration: Ms. Srilata Sharma

Day 7: 19th December, 2024  
Project Based Learning  
Field Visits for Program  
Registration: Dr. Jyoti Pandey

## ABOUT THE TRAINERS



Prof. Mung Lin  
Associate Teaching Professor and Director of Business Programs, Pennsylvania State University, Lehigh Valley, USA



Prof. Mark Caporali  
Lecturer, Business and Program Coordinator of Project & Supply Chain Management, Pennsylvania State University, Lehigh Valley, USA



Dr. Subhadra Sangalli  
Assistant Professor of Business, Pennsylvania State University, Lehigh Valley, USA



Dr. Vasu Singh  
MD, Advisor to In-its Collaboration Program, PSU

*Anurita*  
Principal  
Rajkiya Kanya Mahavidyalaya  
Shimla-1

## SCHEDULE OF THE PROGRAM

| Day  | Events   |  |
|--|--|--|
|  | (Day 1: Arrival of the Team and Introduction)  |  |
|  | Rapporteur: Mr. Srikant Sharma   |  |
|  | Timing   | Events   |
| Sunday<br>(8 <sup>th</sup><br>December,<br>2024) | Noon/Evening   | Arrival of the Team from PSU, Interactions with RKMV Faculty and Dinner at Dr. Anurita Saxena's Residence              |
| Monday<br>(9 <sup>th</sup><br>December,<br>2024) | (Day-2: Train the Trainers Programme)  |  |
|  | Rapporteur: Ms. Shivani Sood   |  |
|  | Dr. Jyoti Pandey   |  |
|  | Morning Session<br>(08:30-12:15)   |  |
|  | 8:30-09:15   | Networking-Tea/Coffee/Breakfast  |
|  | 09:15-10:00  | Prof. Anibal Torres, Chief Academic Officer, PSU-<br>Opening Remarks   |
|  | 10:00-11:00  | Prof. Maung Min, Program Director and Associate<br>Teaching Professor-Day's Agenda and Outcomes                        |
|  | 11:00-11:15  | Break and Q/A  |
|  | 11:15-12:00  | PBL: Overview/Concepts and Applications, Prof.<br>Mark Capofari, Application of PBL project by Dr.<br>Subhadra Ganguli |
| 12:00-01:00                                      | Inaugural Session :<br><b>Chief Guest: Sh. Rohit Thakur Ji, Hon'ble<br/>Education Minister Himachal Pradesh.</b> |  |
| 01:00-01:30                                      | Lunch  |  |
| Evening Session                                  |  |  |

  
 ANURITA SAXENA  
 PRINCIPAL  
 RAJYA KSHETRA KARYALAYA  
 S. RKMV BHINSA-1

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|--|--|--|
|  | <b>(01:30-05:30)</b>   | Teams by Prof. Maung Min/Application of Team Based work in PBL Projects by Dr. Subhadra Ganguli              |
|  | 01:30-02:30  |  |
|  | 02:30-02:45  | Break  |
|  | 02:45-03:45  | Practical PBL Examples by Dr. Subhadra Ganguli Followed by Q/A   |
|  | 03:45-05:00  | PBL Case Development-Hands on PBL Action in Teams/Completed Draft Charter on Teams-Working with Trainers     |
|  | 05:00-05:30  | Summary/Next Steps by Prof. Maung Min  |
|  | 05:45-06:30  | Walk to The Mall Shimla  |
|  | 06:30-07:00  | Light and Sound Show   |
| <b>Tuesday</b><br><br><b>(10<sup>th</sup> December, 2024)</b>          | <b>(Day-3: Project Based Learning)</b>                                     |  |
|  | <b>Rapporteur: Ms. Kavita Dhiman</b>                                       |  |
|  | <b>Ms. Sheetal Charbathia</b>  |  |
|  | <b>Morning Session</b><br><b>(08:30-12:15)</b>                             | Introductions/ Ice Breaker<br>Expectations (Prof. Maung Min)<br>Problem Based Learning (Prof. Mark Capofari) |
|  | 11:00-11:15  | Break  |
|  | 11:15-12:15  | Management (Prof. Maung Min)   |
|  | 12:15-01:15  | Lunch  |
| <b>Evening Session</b><br><b>(01:15-05:30)</b><br><b>(01:15-02:30)</b> | Macro-economies (Dr. Subhadra Ganguli)<br>Sustainability (Prof. Maung Min) |  |
|  | 02:30-02:45  | Break  |

|   |  |  |
|---|--|--|
|   | 02:45-05:30  | Project Management (Prof. Mark Capofari); Team Activities                          |
| <b>Wednesday</b><br><br>(11 <sup>th</sup> December, 2024) | <b>(Day-4: Project Based Learning)</b><br><b>Rapporteur: Mr. Srikant Sharma</b><br><b>Ms. Shivani Sood</b> |  |
|   | <b>Morning Session</b><br><b>(08:30 AM– Noon)</b>  | Recap<br>Artificial Intelligence (Dr. Subhadra Ganguli)<br>Ethics(Prof. Maung Min) |
|   | 11:00-11:15  | Break  |
|   | 11:15-12:15  | Marketing (Prof. Mark Capofari)  |
|   | 12:15-01:15  | Lunch  |
|   | <b>Evening Session</b><br><b>(01:15-05:30)</b>   | Supply Chain Management  |
|   | 01:15-02:30  | Microeconomics   |
|   | 02:30-02:45  | Break  |
|   | 02:45-05:30  | Risk Management<br>Team Activities   |
| <b>Thursday</b><br><br>(12 <sup>th</sup> December, 2024)  | <b>(Day-5: Project Based Learning)</b><br><b>Rapporteur: Dr. Jyoti Pandey</b><br><b>Ms. Kavita Dhiman</b>  |  |
|   | <b>Morning Session</b><br><b>(08:30 AM– Noon)</b>  | Recap<br>Micro and Macroeconomics  |
|   | 08:30-11:00  | Marketing  |
|   | <b>11:00-11:15</b>   | <b>Break</b>   |
|   | 11:15-12:15  | Sustainability/Management  |
|   | 12:15-01:15  | Lunch  |
|   | <b>Evening Session (01:15-</b>   | Assignment Discussions Followed By Team  |

|  |  |  |
|--|--|--|
|  | <b>05:30)</b>  | Meetings and Team Work   |
| <b>Friday</b><br><br><b>(13<sup>th</sup> December, 2024)</b>   | <b>(Day-6: Project Based Learning)</b><br><b>Rapporteur: Ms. Sheetal Charbathia</b><br><b>Mr. Srikant Sharma</b> |  |
|  | <b>Morning Session</b><br><b>[08:30 AM– Noon]</b>  |  |
|  | 08:30-11:00  | Project Preparations   |
|  | 11:00-11:15  | Break  |
|  | 11:15-12:00  | Project Preparations   |
|  | 12:15-01:15  | Lunch  |
|  | <b>Evening Session</b>   | Valedictory Session/Presentations /Awards<br><b>(Chief Guest.....)</b> |
| <b>Saturday</b><br><br><b>(14<sup>th</sup> December, 2024)</b> | <b>(Day-7: Project Based Learning)</b><br><b>Rapporteur: Dr. Jyoti Pandey</b>                                    |  |
|  | Field Visits for Projects.   |  |

  
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 Rajendra Prasad Mahavidyalaya  
 S.RKMV, Bhopal-462018

**ONE-WEEK INTERNATIONAL INTERDISCIPLINARY CONFERENCE–CUM–  
WORKSHOP**

**“Taana-Baana: Sanskriti Ke Rangon Ka” (□□□□-□□□□)\*\***

**Organized by:  
RKMV Shimla**

**in Collaboration with: Mahasu Art Society, Shimla**

**Sponsored by: Himachal Tourism, Toy Train & Bhaasha Sanskriti Vibhag**

**Duration: 13–19 April 2025**

**Venue: Dhanku Kala Bhawan, Jaitola, Jubbal, Shimla**

**Introduction and Background**

In consonance with the **Memorandum of Understanding (MoU)** signed between **RKMV Shimla** and **Mahasu Art Society, Shimla**, a **One-Week International Interdisciplinary Conference–cum–Workshop** titled **“Taana-Baana: Sanskriti Ke Rangon Ka” (□□□□-□□□□)** was successfully organized from **13 to 19 April 2025**. The event was conceptualized as a vibrant platform for fostering **interdisciplinary dialogue, artistic collaboration, and experiential learning**, while celebrating the rich tapestry of cultural traditions across regions and nations.

The seven-day academic and artistic extravaganza was hosted at the scenic **Dhanku Kala Bhawan, Jaitola, Jubbal (Shimla)** and brought together **39 distinguished artists, scholars, and cultural practitioners** from **India, Nepal, and Sri Lanka**, creating a truly international and multicultural environment.

**Inaugural Session**



The conference-cum-workshop was inaugurated with great enthusiasm and cultural fervor. The inaugural session was graced by **Mr. Vishi Ravikanth Dharmasiriwardena**, a **renowned wildlife artist from Sri Lanka**, as the **Chief Guest**. In his address, he highlighted the role of art as a powerful medium for environmental awareness, cultural preservation, and global dialogue. His presence added international prestige and enriched the cross-cultural discourse of the event.

  
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## Theme and Academic Focus

The central theme of “**Taana-Baana**” symbolized the **interweaving threads of art, culture, history, economy, environment, and science** in shaping human societies. The conference critically examined:

- The interrelationship between **art and cultural identity**
- **Indigenous knowledge systems** and traditional art forms
- The impact of **environmental degradation and modernization** on cultural heritage
- Historical narratives and socio-cultural transformations
- The role of art in sustainable development and social cohesion

Through keynote lectures, panel discussions, paper presentations, and workshops, the conference successfully bridged **academic inquiry with lived cultural experiences**, offering participants a holistic and immersive learning platform.

## Workshop and Experiential Learning Activities

A distinctive feature of the event was its **experiential and hands-on learning approach**. Artists and participants actively engaged in:

- **Plein air painting sessions** at the historic **Hatkoti Temple**, allowing artists to draw inspiration from natural landscapes, heritage architecture, and local spirituality
- **Trekking activities**, fostering interaction with nature and promoting ecological sensitivity
- **Artistic collaborations** across cultures and disciplines
- **Interactive workshops** focusing on diverse artistic styles and techniques

These activities enabled participants to move beyond conventional academic spaces and experience art as a lived, dynamic process rooted in place and tradition.

## Cultural Fashion Show and Community Participation

One of the highlights of the conference was a **Cultural Fashion Show**, which beautifully showcased the **diverse shades of Indian and Himalayan culture and traditions**. **Dr. Anurita Saxena**, Principal of RKMV Shimla and **Patron of the Conference-cum-Workshop**, graced the occasion as the **Chief Guest**, accompanied by **Mr. Anil Lakhanpal** as the **Guest of Honor**.

The fashion show featured **artists and local participants from Jubbal and surrounding regions**, emphasizing community participation and cultural exchange. Traditional attire, textiles, and accessories were presented as living expressions of heritage, reinforcing the event’s inclusive and people-centric approach.

## Participation and Institutional Involvement

The conference witnessed active participation from **faculty members and students of RKMV Shimla**. Several professors, including **Dr. Bhader Singh**, **Organizing Secretary**, played a pivotal role in the planning and execution of the event. Students also participated

  
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enthusiastically, gaining exposure to international artists and interdisciplinary perspectives, thereby enriching their academic and creative outlook.

### Outcomes and Significance

The conference-cum-workshop successfully achieved the following outcomes:

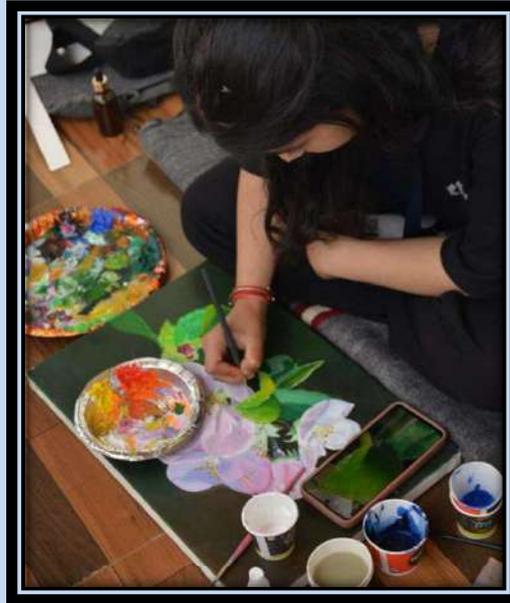
- Promoted **international and interdisciplinary collaboration**
- Strengthened understanding of **cultural sustainability and indigenous knowledge systems**
- Encouraged **experiential learning** through art, travel, and community engagement
- Fostered dialogue on **environmental challenges and cultural erosion**
- Enhanced RKMV Shimla's role as a hub of **cultural, academic, and artistic exchange**

### Conclusion

The **One-Week International Interdisciplinary Conference-cum-Workshop "Taana-Baana: Sanskriti Ke Rangon Ka"** emerged as a unique and enriching confluence of **art, culture, academia, and lived experience**. By seamlessly blending scholarly discussions with hands-on artistic engagement, the event provided a transformative learning experience for artists, scholars, and students alike.

The success of this event not only reinforced the collaborative strength of **RKMV Shimla and Mahasu Art Society**, but also underscored the institution's commitment to preserving cultural heritage, promoting interdisciplinary scholarship, and fostering global cultural dialogue in an era marked by rapid change and environmental concerns.

### Photo Gallery



  
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RKMV Shimla



**Shimla Kesari**  
Apr 20, 2025 (IST)

**पंजाब केसरी**

**संस्कृति के रंगों की अंतर्राष्ट्रीय कला कार्यशाला में भारत, नेपाल व श्रीलंका के कलाकारों ने बिखेरे रंग**

श्रीलंका, 19 अप्रैल (बनारस): राजकीय कन्या महाविद्यालय शिमला और कन्या अहमद सांस्कृतिक शिमला के संयुक्त संयोजन में आयोजित 7 दिवसीय अंतर्राष्ट्रीय कला कार्यशाला एवं सम्मेलन 'ताना-बाना' संस्कृति के रंगों का शनिवार को शुभारंभ के तैयारी के लिए प्रारंभ हुआ। इसमें कलाकारों के साथ-साथ शिक्षकों का भी सहभागिता है।

उपरोक्त अवसर पर श्रीलंका के प्रख्यात कला ज्योतिषी, शिक्षक, शिक्षक, राजकीय धर्मशिक्षक ने विशेष उपस्थिति दर्ज कराई। इस अवसर पर सहायक आयोजक प्रो. सत्यलक्ष्मी शिखर ने भी अपने विचार साझा किए। दूसरे दिन कलाकारों ने शैक्षणिक इतिहास के परिप्रेक्ष्य में कलाकारों के बीच विचारों की शोषण की जा. भादर सिंह (शिमला) और विवेक सभुकिमुलकर (महाराष्ट्र) ने कला पर व्याख्यान प्रस्तुत किए। तीसरे दिन सामाजिक जांचकर्ता सुरेश राम रणटा उपस्थित रहे।

इस दिन श्रीलंका के निजी और नई दिल्ली के शोभितु सक्कार ने अपने चित्रकला कार्यों को प्रस्तुत किया। चौथे दिन दिल्ली के प्रख्यात कलाकार अनन्यसमो पुरुषोत्तमि रंजिता बंगाली आर्ट फेडरेशन के संस्थापक

जगदीश बंगाली ने मुख्य व्याख्यान दिया। दो दिन बालकवारी और स्वामीय प्रतिभाओं के साथ एक स्वयंसेवक कार्यक्रम के आयोजन किया गया, जिसमें दर्शकों को प्रेरणा का स्रोत बना।

दो दिन अधिष्ठाताओं ने कृपा, मोदी और निरं गंगा की सांस्कृतिक दर्शन की। कला शोषण को लेकर समीर की प्रस्तुति रही और समझने से पहले विकल्पों का समाधान की जा. चंद्रकांत शर्मा ने कार्यशाला को संबोधित किया। जांचकर्ता सुरेश राम, अहमद सिंह ने कहा कि यह कला कार्यशाला न केवल अंतर्राष्ट्रीय कलाकारों को एक साथ मंच प्रदान करने में सफल रही, बल्कि स्वयंसेवक संस्कृति, प्राकृतिक सौंदर्य और उन्नत का गीतले अनुभव भी सभी प्रतिभागियों को इस कार्यक्रम में मिले है।

**ONE-DAY WORKSHOP ON “COMMUNICATION: A LIFE SKILL”**

The Department of English, Rajkiya Kanya Mahavidyalaya (RKMV), Shimla, successfully organized a **One-Day Workshop** titled “Communication: A Life Skill” on **13 May 2025**. The workshop was thoughtfully designed for **postgraduate students of History and Political Science**, with the aim of strengthening their communication and interpersonal skills essential for academic and professional success.

The keynote address was delivered by **Dr. Sandhya Sharma, Associate Professor**, a distinguished academician and expert in the field of communication. In her engaging and interactive session, Dr. Sharma highlighted communication as a vital life skill that plays a crucial role in both personal development and professional effectiveness. She elaborated on key

*(Signature)*  
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Rajkiya Kanya Mahavidyalaya  
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dimensions of communication, including **verbal and non-verbal expression, active listening, empathy, clarity, and confidence**, emphasizing their importance in effective interpersonal interactions. The workshop adopted a participatory approach, wherein students actively engaged in **practical exercises and reflective activities**. These exercises encouraged participants to assess their own communication patterns, identify strengths, and recognize areas requiring improvement, thereby fostering self-awareness and skill enhancement.

The session was conducted in the esteemed presence of senior faculty members—**Prof. Vipin, Prof. Santosh, Prof. Poonam, and Prof. Shradha Shandil**—whose encouragement and valuable inputs during the discussion sessions further enriched the learning experience and underscored the academic significance of the workshop. The program concluded with a **formal vote of thanks**, followed by enthusiastic and positive feedback from the students. Participants expressed appreciation for the opportunity to develop essential soft skills within an academic environment. Overall, the workshop proved to be **informative, engaging, and highly beneficial**, contributing meaningfully to the holistic development of the students.

### Photo Gallery



### Multiverse Lecture on ‘Attitude’

IQAC under the Multiverse Lecture Series organised a lecture on ‘Attitude’ by Ms Geeta Kapur, Retd. CMD, SJVNL on 9th April 2025. The event began with a warm welcome to the Guest Speaker by Dr Anurita Saxena. The Resource Person Ms Geeta Kapur chose ‘Attitude’ as the theme of her presentation due to its everlasting significance in defining our personality, relationships, happiness and level of success.

In pursuance of her presentation she categorically stated that the action, opinion of others are not within our reach or control, nor is the future and the results of the hard work we put in. The only thing within our reach and influence is our action, our responses, our thought processes, the goals we set and the energies we feed. With success stories made through perseverance, hard choices and grit, of renowned celebrities like Amitabh Bachchan, Arunima Sinha, Mirabai Chanu, and Laxmi Aggarwal etc., she infused the audience with enthusiasm to challenge themselves, averring that ‘it is your reaction to adversity not adversity that counts.’ ‘Change’ is an irrefutable truth, acceptance is the only way forward, she asserted. ‘All successful people are not happy’ and the definition of success varies from individual to individual. All comes down to the attitude we develop and ingrain within us.

  
ANURITA SAXENA  
PRINCIPAL  
Rajya Pratiksha  
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The lecture was succeeded by an interactive session in which the students had the opportunity to present their queries which were addressed by the Resource Person with insightful responses. She encouraged the students to adopt a positive attitude which would lead to a destiny of their choice. The event was attended by the teaching, non-teaching staff along with the post graduate students of the college.

### Photo Gallery



*Anuska*  
PRINCIPAL  
Rajesh Kumar  
S'RKMV, Durgam-1

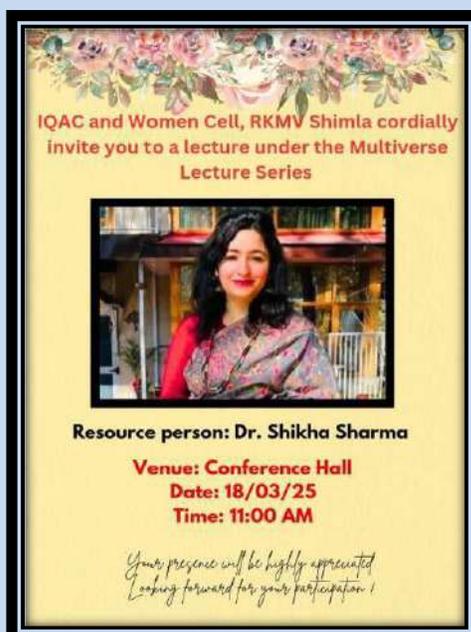
## MULTIVERSE LECTURE ON SKIN HEALTH AND GROOMING

IQAC and Women Cell organised a lecture on Skin Health and Grooming under the Multiverse Lecture Series. Dr Shikha Sharma, the Resource Person, educated the staff and students about skin related issues across different age groups. Her expertise and clear explanations encouraged all to nurture the inner health first which would naturally result in a healthy skin and hair.

Dr Shikha warned and discouraged against the use of hyped 'over the counter' products which are detrimental to the general health and skin. She raised concerns over the Korean Glass Skin regimen which leaves not only a big dent in the pocket but also its long-term efficacy is not established.

The principal, Dr Anurita Saxena while endorsing the need for grooming and skin care also stressed on the judicious use of skin and hair products. The need is to take care of your health through proper intake of fruits, vegetables and exercise instead of popping pills to maintain one's appearances.

### Photo Gallery



*Anurita*  
PRINCIPAL  
Rajendra Khatwal  
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## **THREE-DAY STATE-LEVEL WORKSHOP**

**(25 July – 27 July 2024)**

A **Three-Day State-Level Workshop** was successfully organized jointly by the **Faculty of Zoology** and the **Faculty of Home Science** from **25th July to 27th July 2024**. The workshop was designed with the objective of creating awareness, enhancing scientific temper, and promoting interdisciplinary learning among students through academic, creative, and practical activities. The event witnessed enthusiastic participation from students and faculty members and served as an effective platform for learning beyond the classroom.

The workshop was **proudly sponsored by HIMCOSTE, Shimla (Himachal Pradesh Council for Science, Technology & Environment)**, whose support enabled the smooth conduct of academic sessions and student-centered activities.

### **Objectives of the Workshop**

The primary objectives of the workshop were:

- To promote awareness about health, nutrition, environment, and scientific innovation
- To encourage creativity, critical thinking, and scientific communication among students
- To provide hands-on learning opportunities through competitions and interactive sessions
- To foster interdisciplinary collaboration between Zoology and Home Science
- To nurture leadership, teamwork, and organizational skills among students

### **Inaugural Session**

The workshop commenced with an inaugural session attended by faculty members, students, and invited speakers. The organizing faculty highlighted the importance of interdisciplinary approaches in addressing contemporary challenges related to health, nutrition, environment, and sustainability. The role of science education and awareness in everyday life was also emphasized.

### **Academic and Skill-Based Activities**

A wide range of **academic, creative, and skill-oriented activities** were organized during the three-day workshop:

#### **1. Lecture Series**

A series of expert lectures were delivered by subject specialists from the fields of Zoology, Home Science, Nutrition, and Environmental Science. The lectures focused on:

- Human health and nutrition
- Food safety and hygiene
- Environmental conservation and biodiversity

  
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Rajendra Kumar  
SRKMM Shimla-1

- Lifestyle diseases and preventive health care

The lectures were interactive in nature, allowing students to engage in discussions and clarify doubts.

## **2. Cooking Competition**

The cooking competition was one of the highlights of the workshop. Students showcased their culinary skills by preparing **nutritious, cost-effective, and innovative dishes**, emphasizing balanced diets, food safety, and sustainable food practices. The competition encouraged awareness about healthy eating habits and the scientific basis of nutrition.

## **3. Poster Making Competition**

The poster-making competition provided students with an opportunity to creatively express scientific concepts and social messages. Themes included:

- Nutrition and health awareness
- Environmental protection
- Biodiversity conservation
- Sustainable living practices

Students demonstrated creativity, research skills, and visual communication abilities.

## **4. Slogan Writing Competition**

The slogan writing competition aimed at enhancing students' communication and critical thinking skills. Participants created impactful and thought-provoking slogans on themes related to:

- Health and hygiene
- Environmental conservation
- Scientific awareness and sustainable development

The activity encouraged concise expression and message-driven communication.

## **Student Participation and Learning Outcomes**

The workshop witnessed **active and enthusiastic participation** from students across disciplines. The activities helped students:

- Develop scientific awareness and practical skills
- Enhance creativity and presentation abilities
- Improve teamwork, leadership, and communication skills
- Gain interdisciplinary exposure linking science with daily life

  
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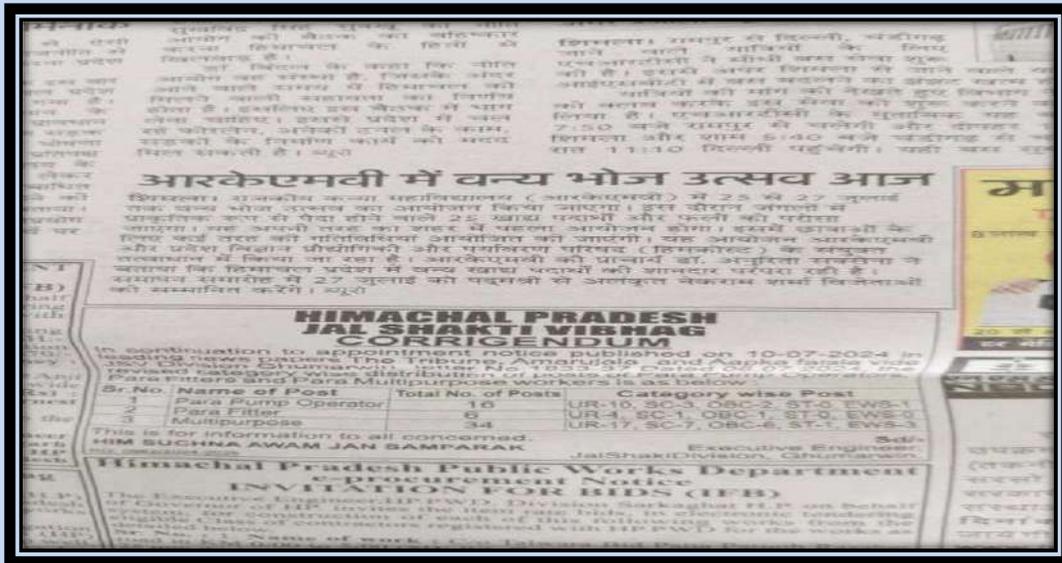
## Valedictory Session and Outcomes

The workshop concluded with a valedictory session in which the achievements of the participants were acknowledged. Winners of various competitions were appreciated, and certificates were distributed to participants and volunteers. Faculty members emphasized the importance of such workshops in promoting holistic education and experiential learning.

## Conclusion

The **Three-Day State-Level Workshop** organized by the **Faculty of Zoology and Faculty of Home Science**, with the generous sponsorship of **HIMCOSTE, Shimla**, proved to be a highly successful and enriching academic event. The workshop effectively combined **scientific learning, creativity, and practical exposure**, thereby contributing to the overall intellectual and personal development of students. The program reaffirmed the institution's commitment to promoting interdisciplinary education, scientific awareness, and student-centric learning.

## Photo Gallery



*Dr. Rajendra Kumar*  
 PRINCIPAL  
 Rajendra Kumar  
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## VALUE ADDITION BAKERY WORKSHOP

18th September 2024 to 1<sup>st</sup> October, 2024

The Department of Home Science has imparted training in bakery to students in order to develop entrepreneurship and to create self-employment opportunities. Presently the Department is equipped with various baking food processing equipments to conduct training programmes on large scale.

### **Vision**

To provide trusted and valued knowledge, consistently through trainings to obtain high product quality, create employment opportunity, provide outstanding service to all customers (Bakery entrepreneurs, housewives & Bakery owners) and to be Indian best managed Bakery and processing consultant institute.

### **Mission**

To apply strong and consistent production practices and principles in pursuit of our service and valued commitments, to generate economically sustainable value added Bakery owners and Bakery suppliers.

### **OBJECTIVES**

- Providing fundamental knowledge on Bakery and Value Addition
- Imparting knowledge on Bakery raw materials
- Hands on Training in preparation of Bakery & Value added products
- Imparting knowledge on Food hygiene, Sanitation and Safety
- Costing and Economics of Bakery and Value added products
- Promotion of bakery and Value Addition industry for economic empowerment
- Supply of quality human resource to the food industries

The Department has organized 30 hours 2 credit course for 50 students. Students has also got certificate for the same.

### **Photo Gallery**



*Principal*  
PRINCIPAL  
Rajkiya Kanya Mahavidyalaya  
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## **DISTRICT-LEVEL SENSITIZATION WORKSHOP DURING POSHAN MAAH**

**Date:** 1 October 2024

**Organized by:** Department of Home Science

As part of **Poshan Maah** celebrations, the **Department of Home Science** organized and participated in a **District-Level Sensitization Workshop** on **1 October 2024**. The initiative aimed to promote awareness about nutrition and healthy dietary practices, in alignment with the national objectives of **Poshan Abhiyaan**.

### **Objectives of Poshan Maah**

The celebration of Poshan Maah was undertaken with the following objectives:

1. To organize an **exposure-cum-interaction visit** for students of the Department of Home Science.
2. To facilitate student participation in a **workshop-cum-awareness camp** at **Bachat Bhawan, Shimla, Himachal Pradesh**.

### **Activities Conducted**

A total of **14 students** from the **Department of Home Science** actively participated in the **District-Level Sensitization Workshop** held on **1 October 2024** at **Bachat Bhawan, Office of the Deputy Commissioner, Shimla, District Shimla, Himachal Pradesh**.

The **theme of the workshop** was **“Nutrition”**, with a focus on promoting balanced diets and healthy eating habits across different age groups. The workshop provided students with an opportunity to gain practical exposure to community-based nutrition awareness programs and interact with experts and administrators involved in public health initiatives.

### **Expert Lecture**

As part of the workshop, **Dr. Jyoti Pandey, Assistant Professor**, delivered an informative lecture on **“Good Nutrition at Different Stages of Life.”** The lecture emphasized the importance of appropriate nutrition during infancy, childhood, adolescence, adulthood, and old age, highlighting dietary requirements, lifestyle modifications, and preventive health measures. The session was highly informative and helped participants understand the role of nutrition in overall health and well-being.

### **Outcome**

The workshop successfully enhanced students’ awareness of nutrition-related issues and strengthened their understanding of the practical aspects of community nutrition programs. It also sensitized participants to the importance of public outreach and health education in achieving nutritional security.

  
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Rajesh Kumar  
SRKMV, Shimla-1

## Conclusion

The **District-Level Sensitization Workshop during Poshan Maah** proved to be a meaningful and enriching experience for the students of the Department of Home Science. By combining academic learning with community engagement, the program contributed effectively to the objectives of Poshan Maah and reinforced the department's commitment to promoting nutrition awareness and public health.

## Photo Gallery



## HIMRANG: ANNUAL ART EXHIBITION AND WORKSHOP

Department of Painting, RKMV Shimla

Duration: 18–31 December 2024

The **Department of Painting, Rajkiya Kanya Mahavidyalaya (RKMV), Shimla**, successfully organized its **Annual Art Exhibition and Workshop** titled “**Himrang**” from **18 to 31 December 2024**. The exhibition showcased a rich collection of **student artworks** created **throughout the academic session**, reflecting creativity, technical skill, and artistic expression.

The inaugural ceremony was graced by **Prof. Him Chatterjee, Chairman, Department of Visual Arts**, and **Dr. Anurita Saxena, Principal, RKMV Shimla**, who attended the event as the **Chief Guests**. Their presence added academic and artistic significance to the exhibition. **Ms. Sulakshana Arya**, an eminent artist and art collector, honored the occasion as the **Guest of Honour**, inspiring students with her insights and appreciation of their work.

  
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The exhibition provided a valuable platform for students to present their artistic achievements, engage with art professionals, and gain exposure to contemporary artistic practices. Overall, “**Himrang**” emerged as a vibrant celebration of creativity and artistic learning, reinforcing the Department’s commitment to nurturing visual arts and experiential learning.

### Photo Gallery



*Anuska*  
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Rajendra Krishna Mahavidyalaya  
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